



# SOLVA & ST DAVIDS NEWS NEWYDDION SOLFACH & TYDDEWI

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## SOLVA COMMUNITY COUNCIL

Clerk - Bruce Payne

[brucepayne241@gmail.com](mailto:brucepayne241@gmail.com)

07890 987259

## YOUR COMMUNITY COUNCIL

- **Alyssia Fiander-Houlden (Chair).** Responsible for: Play and Skate parks (Upper & Lower Solva). First aid and training courses. Social media. [missafiander@gmail.com](mailto:missafiander@gmail.com)
- **Gareth Chapman (Vice Chair).** Responsible for: Newsletter & its distribution. Community car park. Plastic Free Communities. [gareth.solva@gmail.com](mailto:gareth.solva@gmail.com)
- **Joe Griffin.** Responsible for: Whitchurch church old cemetery. Senior Citizens Christmas Lunch. [gjoegriffin@aol.com](mailto:gjoegriffin@aol.com)
- **Ifor Thomas.** Responsible for: Clubhouse. Village noticeboards. Lower Solva picnic area. Multigenerational Path connecting Lower & Upper Solva. Solva CLT. Village greens and common land. [iforthomas@gmail.com](mailto:iforthomas@gmail.com)
- **Colin Reynolds.** Responsible for: the Welsh language, Welsh Heritage and its traditions. Memorial benches. [rens@btinternet.com](mailto:rens@btinternet.com)
- **Rob Richards.** Responsible for: Local agriculture. Traffic and transport. Welcome to Solva signage. [robthemount@yahoo.co.uk](mailto:robthemount@yahoo.co.uk)
- **Richard Davies.** Responsible for: Parc y Capel. Coast. Allotments, SCC Carbon Neutrality Action Plan. [rich.solva@gmail.com](mailto:rich.solva@gmail.com)
- **Josh Phillips.** Responsible for: Solva CLT, DCWW works and POC with WG on affordable housing in Solva. Welsh Heritage Trail. [joshuaphillipssolva@gmail.com](mailto:joshuaphillipssolva@gmail.com)

### NOTICE OF MEETING

A meeting of Solva Community Council (SCC) will be held on Wednesday 2<sup>nd</sup> April commencing at 6pm in Solva Community Clubhouse. This is a multi-location meeting allowing community councillors and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance of business items on the agenda they wish to contribute views on.

Agenda and minutes will be available from the Clerk and at [Solva Community Council](https://solva.gov.wales/) <https://solva.gov.wales/>

Bruce Payne - Clerk to the Council [brucepayne241@gmail.com](mailto:brucepayne241@gmail.com)  
07890 987259

*We were hoping this edition of the newsletter would be full colour – sadly not this time – but look out next month!*



## COUNCILLORS CORNER

### Solva



By the time you read this , your door mat or inbox will be graced with your brand new Council Tax bill and you will surely be delighted to see this year's increase.

As a quick reminder, PCC is obliged each year to set a balanced budget, ie projected spend is matched by income. The majority of income comes from Welsh Government, about 75% with the rest coming from Council Tax and service charges. Residents often ask why CT goes up faster than inflation, it is because that some cost increases ie increases in National Insurance and extra Social Care cost demands do not feature in normal inflation calculations.

Determining the budget this year offered Councillors a choice of 2 budgets, both posted by the Opposition Groups. For the first time ever, the Cabinet decided to back the Independent Group budget instead of their own, that had a 9.35% rise built in. The Conservative group proposed a Budget with a pause on Capital Regeneration projects, a change in the way Leisure Services were delivered and a 7.5% Council Tax increase. As a group member I voted for this proposal and a lower increase but the Independent budget won 44 votes to 13

Also making up the charges on your Council Tax demand will be an increase in Police precept of 8.6% but the Community Council precept for Solva remains the same, Brawdy will rise slightly and St Davids rises 20%. For those paying second homes premium, the premium will be 150% down from 200%. Residents should be aware that there is the option to pay the Council Tax demand equally over 12 months rather than the traditional 10 months making for smaller payments..

In the Services Overview and Scrutiny Committee for June, we will be discussing the performance of the Refuse Service, and the rules that govern dogs on beaches. Quite often, Solva can experience refuse collection problems so if any resident wishes to have their views heard in relation to service performance in this area , please email [democraticservices@pembrokeshire.gov.uk](mailto:democraticservices@pembrokeshire.gov.uk)., we would be delighted to hear from you.

A handwritten signature in black ink, appearing to read 'Mark Carter'.

Cllr Mark Carter

Pembrokeshire County Councillor for Solva Ward.

As usual if you need any help with a Council related matter then please call or text me on **07976 553912**. Christmas holidays or evenings not a problem!

Email [cllr.mark.carter@pembrokeshire.gov.uk](mailto:cllr.mark.carter@pembrokeshire.gov.uk)

## Solva Community Council Statement on the DARC Proposal:

We are aware that Solva Community Council (SCC) members are increasingly being contacted regarding DARC (Deep Space Advanced Radar Concept). While we have begun formulating a collective response, it is important to note that Brawdy Community Council is the statutory consultative body for this matter.

At present, SCC is not in a position to support the proposal until we receive firm assurances that there will be no risks to public health and no ecological detriment. As such, SCC will not be making any further comments ahead of the formal statutory public consultation period prior to the planning application.



## COUNCILLORS CORNER

### St Davids



Hello/Shwmae

Hope you are all keeping well. It is so nice to see the evenings getting longer, seeing the sun certainly puts a smile on our faces.

Since being elected as your County Councillor nearly three years ago I am inundated with all sorts of issues, it's certainly has been busy but the main complaint I have every spring/summer is the entrance to St Davids on the Fishguard road. All the complaints are regarding the lack of up keep to the verges by the Premier Inn and how unsightly it looks as visitors/tourists arrive at our wonderful City; we rely on the tourists and this is not a good look. I am very pleased to write that a meeting took place on March 4th with representatives from St Davids City council, PCC

Highway Maintenance and Environmental Services, other organisations and myself. The purpose of this meeting was to address the ongoing complaints regarding this area and to work together for a resolution, we are all working together and a resolution has been sorted and we hope the residents and a will be happy with the outcome.



Helen Griffiths (senior housing officer),  
Michelle Bateman (Cabinet Member  
for Housing and Cllr Bethan Price

In January I was very pleased to welcome the new residents to an Open Day at the Glasfryn Development. The seven new properties had all been allocated and it was so lovely to welcome them to their new homes. This development is great news for St Davids and work has already started on Phase two which should be completed sometime in 2026.

It is so nice to see that the resurfacing on Bryn Road took

place on schedule but despite all the public notices and signs a car was left parked on the road and despite lots of investigation regarding the owner of the car that part of Bryn Road was not completed. On going to press, the car is still parked on Bryn Road so if anyone has any information regarding the owner please get in touch.

St Davids Day celebrations here in St Davids proved to be another successful week of celebrations. I attended the Eisteddfod which took place on Friday 28<sup>th</sup>; well done to the organisers. On St Davids Day I attended the procession from Oriol Y Parc to the blessing on the Cross Square by the Bishop of St Davids the Right Reverend Dorian Davies then proceeded to the Cathedral for the Pilgrim Prayers at the Shrine. I later took part in the procession during the Dragon Parade along with first Minister for Wales Eluned Morgan, Chief executive of PCNP Tegryn Jones, Mayor of St Davids Cllr Bira Sehmi and Revd Canon Sheridan, and we were then joined during the procession by our local MP Henry Tufnell.

Following on from a very busy weekend celebrating St Davids Day, on the Monday I attended the Ysgol Penrhyn Dewi St Davids Day Service at the Cathedral and then from there I joined the Head teacher Rachel Thomas and pupils along with the Mayor and the Cathedral Choristers and we made our way to Cardiff to attend the official opening of Grahame Hurd-woods City of Portraits Exhibition which was taking place at the Pier head at Cardiff Bay. The Choir took part in the opening ceremony which was opened by the first minister and years 9 pupils Hollie and Isaac delivered the Bishop's message, from there we had a tour of The Senedd.



I have had many phone calls regarding street lighting not working; all I have reported are now back up working - please get in touch if you have a broken street light that you have reported and which is still not working. I have reported over grown trees hanging over public footpaths; as to date they have been sorted but please get in touch if work has still not been carried out.

I shall soon be holding a County Cllrs Surgery, date to be confirmed in the next newsletter but in the meantime please get in touch in the usual way via my email or just give me a phone call.

Kind Wishes,

Bethan

Mobile. 07767398924

Email [Cllr.bethan.price@pembrokeshire.gov.uk](mailto:Cllr.bethan.price@pembrokeshire.gov.uk)

Facebook Cllr Bethan Price



## St Davids Thursday Outdoor Market

Come and support your local producers at the Thursday Market on Cross Square.

Open from 9.00am to 4.00pm weekly from 1st March until the end of October (weather permitting).

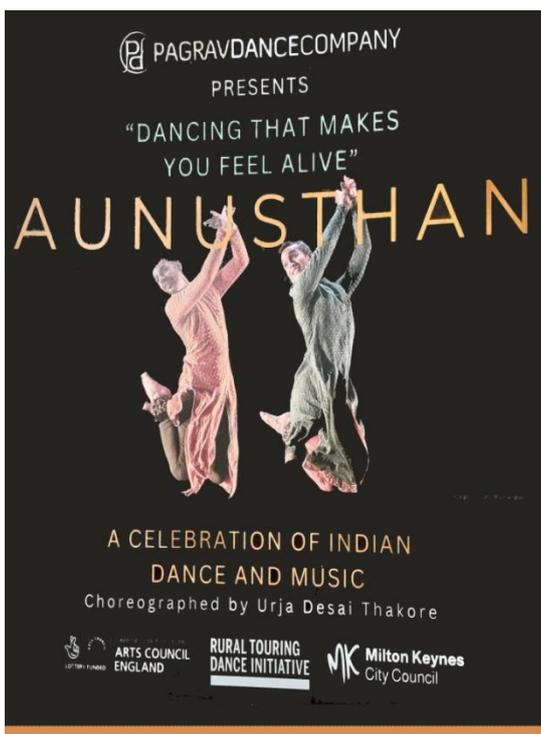
The market offers a wide range of food, drinks, gifts and crafts that have all been locally produced.

## SOLVA MEMORIAL HALL THURSDAY COFFEE MORNING

We have celebrated lots of 'Big Birthdays' recently. A 96th, two 90s and in the near future a 102nd!! (could it be something in the coffee??)

A really big celebration on **Thursday 17th April** will be to mark 20 years of non-stop Thursday coffee mornings. We opened after the refurbishment of the Hall in 2005 together with our Mini Library. Andy Robinson made our mobile shelving and gave us the two bookcases and David Smith installed the window shelving. We have a good reference library as well as a varied fiction section. Use of the library is free and available to everyone.

On the 17th April we shall be pleased to welcome newcomers, regulars and lapsed friends. The date coincides with Easter so we shall be raffling a Special Homemade SIMNEL CAKE, other prizes and surprises so please come and join us if you can. EVERYONE WELCOME.



In April Solva Memorial Hall is presenting another Night Out:

*Pagra Dance Company presents*

## **AUNUSTHAN**

A Celebration of Indian dance and music at Solva Memorial Hall (SA62 6TE)

**Saturday 12th April at 6.30pm**

Adult - £17 Child, student, or disabled - £13. Includes full Indian meal (veg or meat options)

**Tickets 07970 614233 or 01437 721374**

Please note earlier start time.



## Save our Public Art Gallery!

Graham Sutherland, one of the 20<sup>th</sup> Century's leading artists, left a large bequest of his paintings to the Welsh nation for the people of Pembrokeshire, because he felt immense gratitude to the county as he said Pembrokeshire is where he "began to learn painting".

Now Pembrokeshire Coast National Park Authority is planning to turn its back on the magnificent bequest of the Sutherland family, held mostly in national museum vaults, and repurpose Oriel y Parc as a National Park Discovery Centre.

The visitor centre in St Davids was extended using £3.26 million of EU and public funds and named - Oriel Tirwedd Sir Benfro - Pembrokeshire Landscape Gallery, later shortened to Oriel y Parc. It opened in 2008, and as the National Park Authority said in its press release announcing the opening, Oriel y Parc would "feature treasures from the collections of National Museum of Wales. Works by Picasso, Lowry and Rembrandt are among the pieces on display along with the works of Graham Sutherland whose art will form a permanent part of the gallery's rolling exhibitions".

The gallery, a partnership between Pembrokeshire Coast National Park Authority (PCNPA) and Amgueddfa Cymru – National Museum of Wales (AC-NMW) started building an excellent reputation, drawing visitors from afar in large numbers, boosting our highly seasonal local economy. In 2016 Constable's *Salisbury Cathedral from the Meadows* and other works of art, including by JMW Turner who painted in Pembrokeshire, attracted the largest number of visitors to the main gallery of 42,000.

But visitor numbers have since declined and the free-entry public gallery has not been graced with a fine art exhibition featuring the national museum's treasures or a substantial display of Sutherland's work since around 2018.

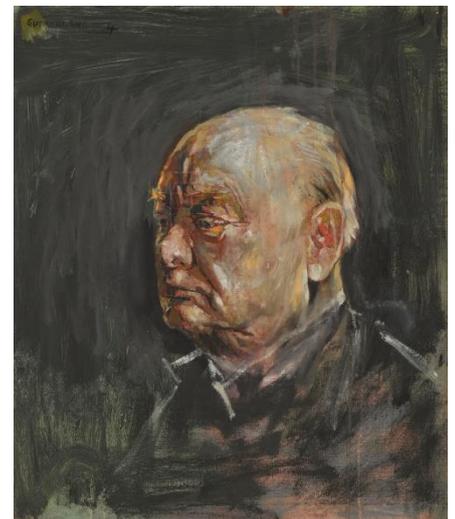
The arts are fundamental to our well-being. Here in St Davids we have a precious, publicly funded, purpose-built gallery with access to one of the greatest 20<sup>th</sup> century bequests of art and capable of hosting the nation's masters.

We would like to hear from everyone in the community who would like to see Oriel y Parc returned to its original purpose. PCNPA is in the process of finalising its "Masterplan Consultation", details of which are not being made public yet so it is urgent that we show the strength of feeling from the community.

Please contact us via email at [pembsgallerygroup@gmail.com](mailto:pembsgallerygroup@gmail.com)

We are concerned individuals who have formed the Oriel y Parc, Pembrokeshire Landscape Gallery Working Group to campaign for reinstatement of the original purpose and to work with the national park and national museum on charting its future. Thank you. Diolch yn fawr

*Signed: Co-ordinator - Nicola Schoenenberger. Elizabeth Haines, Johanna Slade, Dan Wright, Christopher Taylor, Emma Bowen, Guy Dinmore, Gaby Schoenenberger*





## St David's Eisteddfod 2025

The Annual St David's Eisteddfod was held on 28 February at the City Hall, St David's. The theme was 'Families', and the audience enjoyed the stage competitions and seeing the many entries in the art and craft, floral, literature, photography and cooking categories. Dolls dressed in various Welsh costumes were on display.

The Eisteddfod Chair, made by Geraint Richards and Malcolm Gray, and awarded for the highest total number of points in the competitions, was won by Sally Martyn. She received a miniature chair, designed and made by Mr Buck and pupils at Ysgol Penrhyn Dewi. Sally also won the overall Art and Craft Shield, donated by members and friends of Caerfarchell C. M. Chapel, for the highest number of points in the art and craft competitions.

The Rolling Pin, for the highest number of points in the cookery competitions, was won by Jane James and the Vase, for the highest number of points in the floral competitions was won by Pearl Kail. Sally Martyn received a book token for gaining the most points in the English Literature competitions. Myfanwy Roberts gained the most points in the Welsh Literature competitions and received a book token, donated by St David's Bookshop.

Jane James won the Silver Cup, donated by John and Glenys James, for the hymn solo competition. The prize for Best Effort, for up and coming beginner's art and craft, was donated by Sally Martyn, and was won by Mickey Bolger.

The winners of 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places receive a certificate and a prize bag. The prize bags were made by Rebecca Thornton.

The Committee wishes to thank all the competitors, adjudicators, the compere Rev Geraint Morse, the accompanist Julian Harries, everyone who donated prizes, and all the helpers (in the hall and in the kitchen) for making the event such a success.

The theme for next year's Eisteddfod is 'Hedgerows / Cloddiau'.

Further details can be obtained from the co-ordinators, Rebecca Thornton (07890 629014 or [eisteddfod.tyddewi@gmail.com](mailto:eisteddfod.tyddewi@gmail.com)) or Rev Wiliam Owen (07598 550282 or [wiliamowen@aol.com](mailto:wiliamowen@aol.com)).

Green Flag Award  
Gwobr Y Faner Werdd

### ALLOTMENT OPPORTUNITIES

Are you a keen Gardener but have no space to grow or are in rented accommodation and can't dig the garden up or you just want to give growing produce a try, Drop us a message on our facebook page

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Book your trip at Ramsey Island booking office. Office by the Grove Hotel, opposite the TLC.

## St Davids Day Celebrations 2025

To commence the St Davids Day celebrations this year, the City Council held their annual Civic Reception in late February. An event held every year as a thank you to all the voluntary groups, and organisations within our community. Members extended the invitation this year to our twinned communities of Naas and Lesotho, and were joined by the Charge d'Affaires, Mrs Mantsali Yengane, and the First Secretary, Mrs Mamahahabo Lethoba. Other distinguished guests from the community included the Dean, Dr Sarah Rowland Jones, Canon Sheridan and Chair



of County Council, Cllr Alderman. The entertainment for the evening was kindly provided by the Pembrokeshire Ukulele Pirates who got everyone up and dancing and the refreshments were provided by Farmers Food at Home.

On St Davids Day, Bishop Dorrien Davies did a blessing at St Non's Holy Well with a pilgrimage back to Oriel y Parc for the illumination of the St David's Stone. The procession then continued on to the Cross Square where the Bishop blessed the city.

The Mayor, Cllr Bira Sehmi and County Councillor Bethan Price joined the First Minister, Eluned Morgan and other distinguished guests for the Dragon Parade later in the afternoon, which was well supported and a great success!



Siop Y Bobol volunteers hosted their annual Welsh Teas in the City Hall on St Davids Day and raised £442.20 for Shelter Cymru this year!

The Cymanfa Ganu which was due to take place during the week of celebrations, had to be



rescheduled due to bad weather and will be held in mid-March. Money raised from this event will also be going to Shelter Cymru this year. Sadly, the Cawl Competition was cancelled due to a lack of entries again this year and so the City Council are looking into the possibility of holding a different event next year.



## St Davids Day Annual Window Decoration Competition

The Mayor presented the winners of the Window competition with their certificates. Congratulations to Amanda Mackie of Pen Y Garn, winner of the Residential category, for her fantastic efforts in decorating her front windows for St Davids Day.

Congratulations to **Oriel y Parc**, this year's winner of the business category - a fantastic window display for St Davids Day. The Mayor, Cllr Bira Sehmi was delighted to award second place to Window on Wales for their lovely display. A big thank you to all the local businesses and residents who decorated their windows for St Davids Day this year.



**Amy Carter**, the Administration, Retail & Events Coordinator at Oriel y Parc, writes: "What a day! With beautiful sunshine and a wonderful crowd, this year's illumination of the St David's Day stone and Dragon Parade were a huge success. A huge thank you to the local school children and community groups who, once again, got creative to design and build the dragon structure. And thank you to everyone for coming along and celebrating with us.

Many thanks for supporting us."



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CYNGOR DINAS TYDDEWI ST. DAVIDS CITY COUNCIL ECOdeWi bayview STORES Peninsula Community Pod CLWB

CYNGOR DINAS TYDDEWI



ST. DAVIDS CITY COUNCIL  
*Cywir i'n Daw a'n Gwlad*

### Notice of St Davids City Council Meetings:

Monthly Meetings on Monday March 3<sup>rd</sup> and Monday March 17<sup>th</sup> at 7.00pm in the Memorial Hall

The agenda and minutes are available from the Clerk and on the City Council website – <https://stdavids.gov.uk/>. Members of the public are welcome to attend and are given reasonable opportunity to make representations about items of business on the agenda to be discussed.

Members of the public wishing to attend on a remote basis should notify the Clerk to the Council by 12pm on the day of the meeting so that guidance can be provided on how to attend.

### Can you help Solva Memorial hall?

Hello, we are stepping up activity in the Memorial Hall and often need help with various tasks such as:

**Refreshments, front of house stewards, setting out or clearing chairs and tables, changing the stage set-up, cleaning (non-routine), Duck Race, collecting 100 club subs, setting up stalls for Solva Shop.**

If you would be able to help occasionally with any of these and would be happy to be on our **Volunteer List**, please contact Fran Barker on Mobile 07377059265 or email [fran34hb@gmail.com](mailto:fran34hb@gmail.com).

Many thanks,

Fran (on behalf of the Memorial Hall Management Committee)



The St Davids Penknife Club is holding a sponsored walk on Sunday the 4th of May at 11am, in aid of local causes.

The walk will start and finish at the Grove Hotel, St Davids. Registration at 10.30am, with the walk starting at 11am. There will be 2 circular walks, one will be wheelchair friendly and another

slightly more challenging.

As it is Star Wars Day, there will be a prize for the best costume! Food and entertainment to follow in the Grove Hotel.



All are welcome.

## St. Davids & District Day Centre

Mondays in the City Hall  
2 pm to 4 pm

Transport is available

For more information please contact  
Rebecca Thornton 07890629014



Bingo  
Quiz  
games

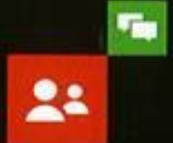


Speakers come &  
give talks on  
different subjects



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Until then, we'll continue to visit on  
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Personal customers call: 0345 300 0000  
Business customers call: 0345 072 5555 (lines are open  
Monday to Friday 7am-8pm, and Saturday 9am-2pm)

No cash facility is available

## Café on the Quay

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01437 721112

waterwheel shop tearoom

Eglwys Gadeiriol Tyddewi  St Davids Cathedral

On behalf of the City Council of St Davids, the Mayor and Mayoress of St Davids, met members of the International Parliamentary Prayer Group on their first visit to St Davids Cathedral. Following their annual St Davids Day Breakfast meeting in the Senedd in Cardiff, the group travelled westwards almost on the medieval pilgrim route.

Members of the cathedral team and of the international group are pictured here at the Afternoon Tea in the Cathedral Refectory, following private prayers at the shrine of Dewi Sant / St David, and viewing of rare historic Welsh Bibles.

Countries represented were, (in alphabetical order): Argentina (Patagonia), Austria, England, Kenya, Latvia, Rwanda, Sweden, USA and, of course, Wales.



Copyright: Dean and Chapter St Davids Cathedral. Photographer: Christopher Limbert

**For details of our events and daily services of worship, see our website [www.stdavidscathedral.org.uk](http://www.stdavidscathedral.org.uk)**

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## Pembrokeshire Peninsula Working Group and Meddygfa Penrhyn

**Welcome to Meddygfa Penrhyn** – Our new website is now up and running. Please visit <https://meddygfapenrhyn.nhs.wales/> for information relating to who the team are, what clinics we run, and other helpful advice and guidance.

We also have a Facebook page which is updated and managed weekly.

**Repeat Prescription requests** – Please order your prescription 7-10 days before your medication is required. Order your prescription online via the NHS APP or post your repeat slip directly to the surgery. You can also nominate your preferred pharmacy and ask the surgery to send your prescription to one of the Pharmacies that has a collection service from Solva.

**NHS APP** – Patients can access services by logging into: <https://app.nhs.wales/>  
To access the NHS Wales APP services, you must:

- be registered with a GP practice in Wales
- have a fully verified NHS login
- be aged 16 or over

**RSV Vaccination** – We still have appointments available throughout April. Please ring the surgery to book an appointment. Eligibility for the 2024 to 2025 this autumn and winter, as part of our winter respiratory vaccination programme include:

- older adults, as they turn 75 years old; and
- pregnant women, who will be offered vaccination at 28 weeks gestation, with a catch-up programme for those already past 28 weeks gestation, but that have not yet given birth.
- All individuals aged between 75 and 79 years with a date of birth between 02/09/1944 and 01/09/1949 (inclusive) will be eligible for the catch-up programmed between 01/09/24 and 31/08/2025. This campaign will run for 12 months and the programme started on 1<sup>st</sup> September 2024.

**COVID Booster Vaccination Spring Campaign** – The Practice will be offering the Spring Covid Booster Vaccine from April onwards. We will be calling in and vaccinating the over 75-year-olds only. The local Health Board will arrange for their community vaccinators to visit those patients who are housebound.





Join us for a vibrant and joyous Spring Fayre, as we welcome the season of renewal and hope.

**Sunday 13th April 12-4pm**  
**Parc y Capel, Solva**

**Plant Sales, Bring & Buy, Fun  
Dog Show, Hot food & drink,  
Local produce, Bouncy Castle  
Fun for the whole family**

**Email [solvacommunityevents@gmail.com](mailto:solvacommunityevents@gmail.com) for  
more info and to book a pitch**



## MERCHED Y WAWR - CANGEN BRO DDEWI

17eg.Chwefror Llwyddodd pedair aelod i gyrraedd neuadd Maenclochog,ar noswaith gwlyb a gwyntog, i gynrychioli'r Gangen yn y Pwyllgor Rhanbarth.Trafodwyd nifer o destunau diddorol a phwysig gan gynnwys gwrthodiad banciau'r wlad i dderbyn arian parod i'w dalu mewn dros y cownter.



19eg.Chwefror Pleser mowr oedd crosawu menyw ifanc sydd wedi seilio ei gyrfa ar gadwraeth byd natur. Cawsom ein diddori gan Nia Stephens wrth iddi son am ei bywyd a'i gwaith yn Warden Ynys Dewi. Bu'n siarad yn frwdfrydig tra'n dangos lluniau hyfryd am fywyd gwylt yr ynys a'r bobol sy'n gyfrifol am ei llwyddiant fel hafan i'r holl greaduriaid sy'n cartrefi arni a'r ymwelwyr niferus sy'n ei mynychu.

3ydd Mawrth Anrhydedd arbennig oedd derbyn gwahoddiad gan Gangen Hwlfordd i ymuno a nhw i ddathlu noson Gwyl Ddewi. Rhoddodd Eilyr Thomas adroddiad bywiog am ei gyrfa fel athrawes ysgol ond hefyd, oblegid ei chariad dwfn am gerddoriaeth,bu'n arbenigo yn dysgu pobol ifainc dawnus i ganu i gyrraedd eu uchelder. Cafwyd cace planc a bara brith blasus tra'n clywed Enfys O'Rourke yn canu'n swynol ar ei thelyn. Diolch o galon i aelodau Hwlfordd am eu croeso cynnes, eu lluniaeth, eu hadloniant a'u cyfeillgarwch. Mae Tim y Murlun yn dal i gwrdd yn reolaidd a mae'r darlun yn datblygu'n dda.

### Solva Duck Race

**EASTER MONDAY**

**21<sup>ST</sup> April, at 3.00 pm**

*Tickets from:*

**Bayview Stores (Top Shop) -  
Cambrian Inn - Harbour Inn -  
Hats & Barrels - Number 35 –  
The Ship Inn - Window on  
Wales**



### Lit in Place St Davids!

#### Writing the Wild

with Susan Richardson

A FREE creative writing workshop to deepen your connection with nature and engage with issues such as biodiversity loss and our changing climate

A proportion of the workshop will be spent outdoors, exploring, and gathering inspiration from the local coastal environment.

Wednesday 9 April 2025  
1.30 pm  
Ty Pawb, SA62 6SH

All welcome

Further information & booking:  
post@literaturewales.org





## St Davids Open Gardens Weekend 2025 Patron Iolo Williams

The annual Open Gardens Weekend returns to St Davids on Saturday 14th and Sunday 15th June, when some of the City's gardeners open their very individual garden spaces to visitors.

We would love to encourage some more gardeners to join us and enjoy what is always a friendly, fun weekend with the proceeds going once again to registered charity, **Prostate Cymru** and our ever energetic, environmental community organisation, **EcoDewi**.

Please remember that your gardens **don't** need to be pristine and immaculate! It is more about sharing your secret outdoor space with visitors and even more importantly, locals who will be able to enjoy getting out and about in their city and discovering gardens that they have never seen before.

If you'd like to join our team of wild and wonderful gardeners or would just like to find out more, please get in touch. You can either come and chat about it with us at The Really Wild Emporium or contact us via email at: [info@reallywildemporium.co.uk](mailto:info@reallywildemporium.co.uk).



### Cymru Wledig LPIP Rural Wales

The Rural Wales Local Policy and Innovation Partnership

#### Local Policy and Innovation Partnership (LPIP) Action Research for the St. Davids Peninsula

The Rural Wales Local Policy and Innovation Partnership (LPIP) has funding available to support collaboration between local organisations on a project for the St. Davids Peninsula. This three-year project, led by Aberystwyth University and funded by UK Research and Innovation, aims to explore local challenges through action research. From January to June 2025, the focus will be on a project to explore the Peninsula's economy.

Action research involves the community in solving local issues and taking action on living well. Local resident Becky Lloyd has been appointed as the Research Co-ordinator for this St Davids Peninsula Project

#### How can you get involved?

If you're interested in free training to help gather and analyse research or have ideas for interviews about second homes, tourism, or balancing environmental needs with local needs, email Becky Lloyd on [beckylloydpembs@gmail.com](mailto:beckylloydpembs@gmail.com). You can find out more about LPIP

here [https://www.tfcpenbrokeshire.org/en\\_gb/together-for-change-leads-delivery-of-community-led-action-research-in-partnership-with-lpip/](https://www.tfcpenbrokeshire.org/en_gb/together-for-change-leads-delivery-of-community-led-action-research-in-partnership-with-lpip/)



Funded by UK Research and Innovation through Cymru Wledig LPIP Rural Wales and Aberystwyth University





## Solva Scarecrow Trail 3-4 August 2025



Horrible Historical scenes and characters will appear all round the village on 3-4 August 2025 from 10.00 to 6.00 each day. Builders get your thinking caps on and be first to book your horrible idea. No duplicates allowed. Enthusiasts note the dates and book your holidays! There will be prizes for those who guess the most correctly and for the Best, Scariest and Funniest scarecrows. The trophy was won last year by Eddie the Eagle. A great day out for the family. For more information contact Fran email [fran34hb@gmail.com](mailto:fran34hb@gmail.com) or on Mobile 07377059265.



## Solva Community Cinema

### Upcoming films

**3 April** Fly me to the Moon (12A)

Doors open at 7 pm and the film starts at 7.30 pm. Tickets are £5 for adults and £3.50 for under 18's. You can become a member for £5/year, which gives you 20% of the ticket price and the use of a free cushion! We offer tea/coffee and soft drinks and there is also a bar. Any questions or suggestions, please email us at [solvacinema@gmail.com](mailto:solvacinema@gmail.com) New committee members are always welcome.



## St Davids City Hall

The City Hall is located at the heart of St Davids and offers a range of facilities for arts, sport, exhibitions, sales, community events and meetings.

For bookings and enquires please contact: Mrs Katie Bolger on 07821656233 or e-mail [hallmanager@stdavids.gov.uk](mailto:hallmanager@stdavids.gov.uk)



Heddlu Police  
**DYFED-POWYS**

## St Davids Policing Team - Drop In Surgery

Members of Dyfed Powys Police run a monthly Drop In Surgery on the first Thursday of each month from 10.30am – 12 noon in the Youth Drop-In Centre (entrance via Bryn Road). This is an opportunity for local residents to bring any matter to the attention of the Police. No appointments necessary.

Next Surgery – Thursday 6<sup>th</sup> March

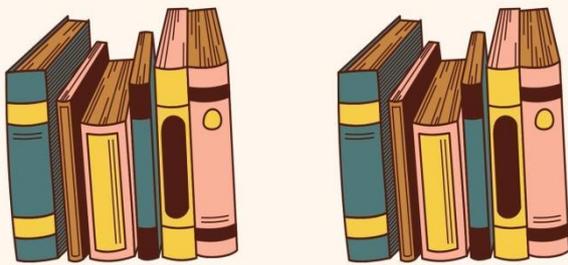
Please contact the Clerk on 01437 721 137 or [clerk@stdavids.gov.uk](mailto:clerk@stdavids.gov.uk) for more information

St Davids City Council, City Hall, High Street, St Davids, Pembrokeshire SA62 6SD



## St Davids & Solva Art Group

Our members are working hard to produce beautiful paintings for our Easter exhibition in Oriel y Parc. We will be setting up and, hopefully, opening by lunchtime on 17th April and then every day from 9:30 to 4:30 until the 23rd when we close at 3:30. With all the activities and other shows in the centre over Easter, it will be well worth a visit. As usual, all paintings are originals with a wide range of prices, sizes and styles so please come and have a look. We do have a couple of spaces for new members at the moment, which is unusual as numbers are limited due to space on the Solva hub. So if you would like to paint with this friendly group, have a chat with the stewards or drop in on a Monday morning. We are also manning a table at the Community Information Event in the Memorial Hall, Solva on 24th March where we will have photographs of events, samples of our work and membership forms. This will be a good opportunity to meet some of us and talk about the group so do come along and see us.



St. Davids Library  
now open  
Saturdays from  
10 am - 12pm



Opening hours  
Tuesdays 10 am - 1pm and 2pm - 5pm  
Thursday 10 am - 1pm and 2pm - 5pm  
Saturday 10am - 12pm



## St Davids City Council

Wednesdays 10.00am – 12noon at  
the Drop In Centre, City Hall, St  
Davids

All welcome to attend  
**Free of charge**

S Mann - Clerk to the Council,  
City Hall, High Street, Haverfordwest,  
Pembrokeshire SA62 6SD

[clerk@stdavids.gov.uk](mailto:clerk@stdavids.gov.uk)

Tel 01437 721137

CYNGOR DINAS  
TYDDEWI



ST. DAVIDS  
CITY COUNCIL  
*Cywir i'n Daw a'n Gŵlad*



Coffee & Chat



## CLWB SOLFACH

### SOLVA LUNCHEON CLUB

Lunch Club is still very well attended, but we are always happy to welcome more diners!



Still going strong in Solva Memorial Hall, 40+ years on!

There is a warm welcome and lots of happy chat. The meal consists of a hot main course and a pudding followed by a cup of tea or coffee. The cost is £5, raffle included!

*Please contact Jane Pascoe on 01437 721544 if you would like to help or join.*



## SOLVA WI

Ladies, you are welcome to visit us in Solva Memorial Hall on the 2<sup>nd</sup> Thursday of each month at 2pm. All of the meetings include some formal business and most include a Speaker unless they are social/festive occasions.

On the 10<sup>th</sup> April there will be a talk & display of ceramics by Diane Vale.

Our Annual Pancake Coffee Morning was a great success with many pancake compliments and we raised over £110 for Solva Care

Contact Jane Pascoe 01437 721544

### Music at Cuffern Manor, Roch

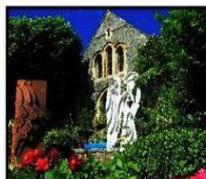
**Thursday April 10th Dylan Fowler and Gillian Stevens £10** ‘ exceptional welsh fingerstyle guitarist’ Dylan Fowler straddles multiple worlds, collaborating closely with musicians from Finland, India, Turkey, and across the Celtic diaspora. , here with long time collaborator , Gillian Stevens, , one of only three professional crwth players ., as well as viola da gamba, baroque and modern cello.

**Thursday May 29th Jocelyn Pettit & Ellen Gira £10** A dynamic fiddle & cello duo from Canada and the USA “Traditional Album of the Year” at the 2024 Canadian Folk Music Awards, ...also recently nominated for “Instrumental Artist of the Year” at the 2024 Western Canadian Music Awards

**Mathias Home Hardware** 01437 720340

Mathias Home Hardware is a traditional hardware shop. We have everything for any DIY, home, garden or camping needs.

**71 Nun Street, St Davids SA62 6NU**



**RAUL SPEEK GALLERY**

Fine Art, Artist’s Studio, Photographs, Prints  
Art Workshops, Talks, Music, Jewellery, Gifts  
Music & Tapas Nights, Pop-up Café

The Old Chapel, Main Street, Solva SA62 6UU  
Tel:01437 721907  
e:heather@heatherbennett.co.uk

www.raulspeek.co.uk www.heatherbennett.co.uk

**THE HARBOUR INN** 01437 720 013

**THE HARBOUR INN OFFERS GOOD FOOD WITH THE OPTION OF A DAILY SPECIALS BOARD, FRIENDLY STAFF AND A WARM WELCOME.**

**A DOG FRIENDLY PUB ON THE SEAFRONT OF SOLVA.**

## Wedding Anniversary Celebrations?

If you know of any couple in St Davids that may be celebrating a Golden or Diamond Wedding Anniversary, please contact St Davids City Council by phone (01437 721137) or email (clerk@stdavids.gov.uk)



## ST DAVIDS COMMUNITY GARDEN

A COMMUNITY GARDEN OPEN TO EVERYONE!

### Where is it?

Half way along Cathedral Close, next to the Canonry, St Davids, SA62 6PE

Visit anytime to relax & enjoy the space or pop along to a volunteering session

Nature haven  
Gardening  
Friendly & sociable  
Fruit & veg  
Calming  
All abilities  
Birdsong

Saturday 4th January 10am - 12pm  
Wednesday 8th January 10am - 12pm  
Saturday 18th January 10am - 12pm  
Wednesday 22nd January 10am - 12pm  
Saturday 1st February 10am - 12pm  
Wednesday 5th February 10am - 12pm  
Saturday 15th February 10am - 12pm  
Wednesday 19th February 10am - 12pm  
Saturday 1st March 10am - 12pm  
Wednesday 5th March 10am - 12pm  
Saturday 15th March 10am - 12pm  
Wednesday 19th March 10am - 12pm  
Saturday 29th March 10am - 12pm



Email: [communitygarden@ecodewi.org.uk](mailto:communitygarden@ecodewi.org.uk)  
Facebook: [www.facebook.com/dewisacre](https://www.facebook.com/dewisacre)



# ST DAVIDS YOUTH CLUB



**OPENING TIMES**  
EVERY TUESDAY  
6:30PM - 8:30PM

## WHAT'S ON?

Age 11+? We are here to offer you lots of fun activities and challenges. We also offer support, information and guidance. Just pop in and find out more.

## WHERE?

City Hall, High St, St Davids, Haverfordwest SA62 6SD  
St Davids City Hall (Back entrance through the blue gate)



ERW DEWI / DEWI'S ACRE

# GARDENING OPPORTUNITY

### GARDEN TO CREATE COMMUNITY

Erw Dewi exists to be a space where people can meet others and build friendships locally.

### GARDEN TO LEARN NEW SKILLS

Everyone is welcome, from total beginner to experienced gardener. Just join in, share any knowledge & experience, and learn new skills.

### GARDEN TO ENHANCE WELLBEING

It is well known that being outdoors enhances our wellbeing and positivity. See what being outside in Erw Dewi can do for your wellbeing and mental health

### GARDEN TO SUPPORT OTHERS

Our community garden is run by volunteers to help benefit the local community and our environment. Why not help out by volunteering.



For more information contact: [communitygarden@ecodewi.org.uk](mailto:communitygarden@ecodewi.org.uk)  
[www.facebook.com/dewisacre](https://www.facebook.com/dewisacre)



## \*Defibrillators in Solva\*



**Solva Community Clubhouse & AFC**  
 What3words: outlast.doted.fuzz  
 Post Code: SA62 6XW



**Solva Memorial Hall**  
 What3words: cookies.blurts.symphonic  
 Post Code: SA62 6TE



**Bay View Stores**  
 What3words: places.examples.crackling  
 Post Code: SA62 6TX



**Lower Solva Car Park – Harbour Inn**  
 What3words: tinny.router.tribe  
 Post Code: SA62 6UT



**Trinity Quay**  
 What3words: apart.adhesive.open  
 Post Code: SA62 6UQ

## THE OLD SCOUT HUT ST DAVIDS

### WHATS ON WEEKLY

**MONDAY** Life Drawing 7-9pm

**TUESDAY** People's Shed & Knit&Natter 10am-12

Pilates 5.30-6.30 + 6.30-7.30

**WEDNESDAY** -

**THURSDAY** 5.30-6.30 Kid's Dance 5-8yrs old

Pilates 6.30-7.30

**FRIDAY** Stitchy Witches 10am-12

**SATURDAY** -

**SUNDAY** Y Groesfan Church 4.30-5.30

### BOOKINGS

To attend one of these activities or book the hall for a one off private or public event/activity

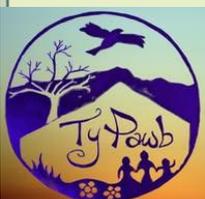
**Contact Becky**  
**07788633719**



**Funded by UK Government**

**Wedi ei ariannu gan Llywodraeth y DU**

TALK TO BECKY ABOUT VOLUNTEERING OPPORTUNITIES WITH ST DAVIDS BEFRIENDERS AND THE PEOPLE'S SHED AT THE SCOUT HUT



SOLVA MEMORIAL HALL

Caretaker's # 01

**NIGHTS**

Original Live Entertainment

LIVE  
Music

APRIL  
5

DOORS  
OPEN  
7PM

**LOST ROOTS**

folk ∞ roots ∞ dub

**MIKE CHANT**  
singer ∞ songwriter

Food



Bar



Tickets

£10 /concessions  
sam.solvamemorialhall@  
gmail.com  
→  
Use your camera



On 5 April 2025, we are starting our series of Caretaker Evenings of Original Entertainment. Local band Lost Roots are headlining the evening with their Soulful, High Vibe, and West Coast Roots. Lost Roots blend folk, roots and dub to create their signature high-vibe West Coast sound. Liltng folk melodies meet deep bass lines and warm dub laced grooves, creating a powerful sound with a unique reggae twist. Mike Chant will be supporting with some of his original songs and expert sound. Family business, Shaar Cuisine are offering their exciting Syrian Street food Menu whilst the Memorial Hall will provide a full stocked bar! Tickets available online at <https://tinyurl.com/yurdnf6z>

**Solva Memorial Hall**

enquires to [sam.solvamemorialhall@gmail.com](mailto:sam.solvamemorialhall@gmail.com)

VENUE HIRE | EQUIPMENT HIRE | MUSIC INSTRUMENT LIBRARY



Scan to view  
our Google  
Calendar



**SCALE OF CHARGES**

**VENUE HIRE**

**MAIN HALL**

HOUR

ADDITIONAL  
2 HOURS

*with Changing Room...*

**£20.00**

**£5.00**

*with Kitchen & Social Room...*

**£35.00**

**£7.50**

**SOCIAL ROOM**

*with Kitchen...*

**£15.00**

**£3.50**

**MEETING ROOM**

*Upstairs private room...*

**£10.00**

**£2.50**



## **ORIEL Y PARC – St Davids**

### **Amgueddfa Cymru Gallery**

**Courage and Community – RNLI 200 Cymru**

**Saturday 29 June 2024 – Sunday 1 June 2025**

In 2024 we celebrated 200 years of the Royal National Lifeboat Institution. Be inspired by the stories of ordinary people doing extraordinary things, with games and activities for the whole family in this exhibition.

### **St Davids Room**

**Double Vision by Clive Gould and Graham Brace**

**Friday 14 March – Sunday 4 May**

Double Vision showcases the breathtaking beauty of Pembrokeshire through the eyes of two distinguished artists, Clive Gould and Graham Brace. This exhibition features framed limited edition prints that capture the region's iconic landscapes. Despite their differing techniques, both artists share a commitment to realism, skilfully rendering Pembrokeshire's most beloved coastal and rural scenes.

### **Tower**

**Tangnefedd Rhyngom: Peace Between Us by Jackie Morris and Elly Morgan**

**Friday 7 March – Sunday 27 April**

The exhibition is a heartfelt exploration of peace in its many forms. With a wish, a prayer, and hope, the exhibition reflects the peace shared between the artists, the gallery, and the audience. Featuring prints of painted doves by Jackie and beautifully crafted ceramic doves by Elly, the exhibition creates a serene space for reflection in the heart of the UK's smallest city.

### **Discovery room**

**Turquoise Seas and Rocky Shores by Jane Boswell**

**Saturday 8 March – Tuesday 29 April**

This exhibition is a celebration of the sublime beauty of Pembrokeshire's coast and sea. Jane's expressive paintings capture the powerful forces of nature, evoking the sensation of being immersed in the tides, from raging seas to calm waters.

### **Events**

**Egg Trail Adventure!**

**Saturday 12 April - Sunday 27 April**

**£4 per child**

As the season awakens, so does the magic of new life! Wander through our woodland, courtyard, and grounds to discover hidden eggs along our Egg Trail.

**Make & Take: Hedgehog Homes**

**Wednesday 16 April, 11am – 3pm**

A fun, hands-on activity for little nature lovers!

**£4 per child, drop in.**

**St Davids and Solva Art Group Exhibition**

**Thursday 17 April – Wednesday 23 April, 10am – 4pm**

The Spring exhibition of a local group of amateur artists who live near St Davids and meet weekly in the nearby fishing village of Solva. Proceeds of the sales are donated to local charities.

**Make & Take: Ladybird Sanctuary Workshop**

**Wednesday 23 April, 11am-3pm**

Create a colourful pinecone insect to encourage ladybirds into our gardens!

**£4 per child, drop-in**

**Foraged Poetry Prints Workshop by Bean Sawyer**

**Thursday 24 April, 10am – 1pm**

**£40 per person**

A family workshop for adults and children 11+ (accompanied by an adult)

Create beautiful paper and fabric cyanotype prints using words and gathered natural materials.

All materials provided, with time to forage for foliage!

**Booking essential**

## YOUR LOCAL FOOD MARKET on the St Davids Peninsula



**PENINSULA  
FOOD MARKET**

BUY LOCAL & SUPPORT  
YOUR LOCAL PRODUCERS

[foodhub@ecodewi.org.uk](mailto:foodhub@ecodewi.org.uk)

Peninsula Food Market

[peninsula\\_foodhub](https://www.instagram.com/peninsula_foodhub)

Everything from fresh milk, vegetables, meat, cheese, eggs & seafood, to ready-meals, sauces, honey, jams, beer, cider & spirits, teas, bread, brownies & Welshcakes, PLUS an ethical range of cupboard essentials including pasta, rice, flour, coffee, dried fruit, nuts, oil & a range of tinned items

Order online & collect on Saturday morning

VISIT: [ecodewi.org.uk/foodmarket](http://ecodewi.org.uk/foodmarket)

AND CLICK THE 'SHOP NOW' BUTTON



Dr. Beynon's **grub** kitchen

**New Spring menu  
in Grub Kitchen**  
Edible insects  
optional!

### EASTER AT THE BUG FARM

OPEN 5<sup>TH</sup> - 27<sup>TH</sup> APRIL  
TUESDAY - SUNDAY

WILDFLOWER FLOWERPOT  
CRAFT WORKSHOP £4 PP  
THURS 10<sup>TH</sup>, 17<sup>TH</sup> & 24<sup>TH</sup> @ 2PM



FUSED GLASS MAGNET £13 PP  
WORKSHOP WITH PILI GLASS  
WED 16<sup>TH</sup> & 23<sup>RD</sup> @ 12, 2 & 4PM



**Advanced  
booking  
advised!**



UP CLOSE MEET THE BUGS  
EXPERIENCES - DAILY  
£3.50 PP @ 11AM, 1PM & 3PM

[www.thebugfarm.co.uk](http://www.thebugfarm.co.uk)  
[info@thebugfarm.co.uk](mailto:info@thebugfarm.co.uk)  
1 mile from St Davids - SA62 6BX

# TREITHEL FARM

## LOCAL MEAT & EGGS

From animals reared and cared  
for on our small family farm  
just outside St Davids

[www.treithelfarm.co.uk](http://www.treithelfarm.co.uk)

### Love Gardening?

You may have noticed that the Community Garden on the corner opposite the Cambrian in Solva is looking neglected. It used to be well cared for by residents who can no longer do this.

Would you like to be part of a gardening group to tackle this as a team? We could meet a few times a year to weed, sweep, plant, re-paint benches etc.

If you would like to be involved please text your details to me, Ali de Jong, on 07948 892277, and I will set up a WhatsApp group.

## Menevia WI

It's wonderful to see the spring bulbs and plants in the troughs on the Cross Square, planted by Menevia WI, coming to life, although the crows are being a bit of a nuisance digging them up! In February Lynn Davison, Volunteer Community First Responder showed us some basic first aid and how to use a defibrillator, which ties in brilliantly with the National WI's 2025 Resolution "Bystanders can be lifesavers"!

In April we welcome Laura Hugman from Paul Sartori Foundation to our meeting. She will be talking about Paul Sartori Foundation, Pembrokeshire's Hospice at Home Service and their clinical services.

If this interests you or you want to see what the WI is about, come along to a meeting. You never know, it might just be what you're looking for! Visitors and new members are welcome on the 2<sup>nd</sup> Wednesday of the month, 7.30pm, City Hall, St Davids.

Andrea Cartwright, Secretary, [meneviawi@gmail.com](mailto:meneviawi@gmail.com)



### Shalom House Day Centre

Shalom House supports the people of Pembrokeshire, providing holistic, accessible, personalised care for those who have been diagnosed with cancer and other life limiting illnesses, such as MND, Parkinson's and COPD. We are here to support people through a difficult time and to help provide a better quality of life.

Visit [shalomstdavids.org](http://shalomstdavids.org) to find out more.



### Friday Club April 2025

Solva Care is a community based charity focusing on volunteer social support. Solva Care aims to maintain and improve health and wellbeing, enabling people to stay in their own homes and to combat loneliness, isolation and social disadvantage. Solva Care is offering warm rooms on Tuesdays 2pm-4pm in Solva Community hub. Come and join us for a hot drink, company and a classic film.

If you think that Solva Care might be helpful to you or others please see our website [www.solvacare.co.uk](http://www.solvacare.co.uk) for further information, or contact Lena Dixon, Co-ordinator on 07805 717556. Or email [solvacare@solva.gov.wales](mailto:solvacare@solva.gov.wales)

<b>April</b>	
<b>4<sup>th</sup></b>	<b>Ukulele Pirates (full session)</b>
<b>11<sup>th</sup></b>	<b>Judy's Mindful Movement Richard Vaughan, Pembrokeshire Coast National Park</b>
	<b>Easter Hols 2 weeks (Good Friday 18 April). Start back 2 May</b>



## Ysgol Penrhyn Dewi

We returned after half term to a day full of celebrations for St David's Day. Our children sang and worshipped in the Cathedral with their peers and school family and then went on to participate in our Primary Phase Eisteddfod.



We have also visited Mr Taylor in his bookshop to use our World Book Day vouchers and of course enjoyed celebrating World Book Day on Aidan campus by dressing up, making our own stick man, decorating bookmarks and enjoying some of our favourite books. Thank you Mr Taylor, we love to visit you.

Treginnis Farms for City Children have also helped bring our topic Truly Scrumptious to life by

carrying out an exciting workshop where pupils tasted, planted and weighed their own food and got to hold some very fluffy baby chicks.



## WANT TO BE IN THE NEWS?

**Advertise your Business! Promote your Event! Tell everyone your good news!**

The free newsletter is published every month and distributed to all homes in Solva, St David's and Whitchurch, as well as being available in shops, pubs, halls etc. for visitors. It can be downloaded from [solva.gov.wales](http://solva.gov.wales).

If you would like to include something in Solva & St Davids News, and for advertising rates, please contact the editor Mic Rushen. The deadline is currently the 10<sup>th</sup> of the month preceding publication. If you need help with designing an advert or anything else, just let me know.

***Email Mic at [solvanews@outlook.com](mailto:solvanews@outlook.com)***

### Ifor's Vegan Cawl Recipe

Welsh cawl is one of the oldest recorded recipes. It predates the introduction of potatoes into the culinary repertoire of Wales, so I have left them out. Of course it included meat, and opinion is divided whether that should be lamb or pork, in the form of a ham hock, but either way meat would have introduced a salty dimension to the dish. I have replaced the meat with tofu which I have marinated and fried before including in the dish. A meatier texture can be imparted with tempeh. Leeks are important as they were historically significant in the Welsh diet as they were easily grown in our climate. Onions should not be included, nor garlic.

#### Ingredients

Brown rice miso paste 2tbs  
 Vegetable stock powder 1 tbs  
 Water 3litres  
 Tofu 200 gms  
 Soy sauce 3 tbs  
 Carrots 3 large chopped in chunks  
 Parsnips 3 large ditto  
 Swede 1 med ditto  
 Leeks 6 med chopped  
 Parsley big bunch 1.5cm chunks  
 bay leaves fresh x 3  
 salt and pepper

#### Marmite croutons

Soy sauce 2tbs  
 Marmite 2tbs  
 2 slices of bread

#### Method

Marinate the tofu in miso and soy for an hour, dust with rice flour, then fry five minutes a side at a high heat, be careful not to let it burn, set aside.  
 Make the stock, I use a good quality powder, like Marigold Vegan Bouillon. Add the miso.  
 Put the stock in a large saucepan and bring to a simmer, add all the chopped vegetables and cook at a low heat for two hours. Add the parsley and leave overnight. Half an hour before serving bring back up to a minimum of 75 degrees centigrade and add the tofu.

#### Croutons

Take two large slices of bread 1.5cm thick. I like sourdough but any bread will do. Fry in olive oil. While the bread is frying, brown on both sides, make the marmite paste by mixing soy with marmite, the softer you make the paste the more it soaks in, then apply it to the bread slices after you have taken them from the frying pan. Spread and then cut into chunks. Scatter on the cawl when it is served. Enjoy!

## Solva's Cawl Competition

On Sunday 2nd March Solva Community Council held the first Cawl competition in a while in Solva Memorial Hall. The categories were best Cawl from a Solva business, best Cawl from the public, and best Welsh themed bake. There were daffodil themed rosettes for the winners of the bakes and Cawl, plus a prestigious Wooden Spoon trophy for the winning Solva Business.

As always, our Incredible Solva businesses were on board and we had delicious entries from The Ship, The Hats & Barrels, The Harbour Inn, Number 35, Bay View Stores and Whitesands Café.

Over 35 people came to sample and judge each cawl, which was a fantastic turnout and meant we had run out of cawl an hour into the event! After checking results, Jo from Bayview Stores was the winner for Solva businesses (Number 4 on the stove for those who attended). When asked about the recipe, Jo said that it always varies with what she has available, in true seasonal Cawl style. Winning the public entry section was Ifor Thomas with his Vegan Cawl and marmite croutons



(number 7 on the stove). It has a lovely smoky flavour, and the recipe is here for you to try at home.

Our Welsh bakes section consisted of Cheese and Leek Scones and a selection of Welsh cakes. Monica Owen won with the soft and flavourful scones, and she has been kind enough to also share her recipe.

After all the judging, everyone left feeling full and content and we are happy to say that Solva Cawl & Cegin will be back again next year! A huge thank you to the amazing people who judged on the day, raising £100 in donations (which will be put towards Solva based projects, such as a Welsh Heritage trail)! And of course a massive diolch yn fawr iawn to all the people and businesses who went the extra mile cooking and baking. Without your support events like these don't run, so we are so grateful for all your enthusiasm and support!

We hope you enjoy the recipes and we look forward to seeing you all at the Spring Fayre in Parc y Capel and the Memorial Hall on Sunday April 13th, 12-4pm.

Alyssia

(On behalf of Solva Community Council)



## Monica's Cheese and Leek Scones

### Ingredients

8oz self raising flour

2oz butter

2 teaspoons baking powder

1/2 teaspoon of dry mustard powder

4oz finely grated cheese

1 egg

Milk

A handful of finely chopped leeks sautéed in butter.

### Method

Mix flour, mustard powder, baking powder in a bowl, add the butter and rub in to form fine breadcrumbs, can be done in a mixer.

Add most of the grated cheese, hold a little back to sprinkle on top of the scones.

Crack the egg into a measuring jug, stir it up, then top up with milk to the 5oz/150ml mark.

Add this to the dry ingredients. Make a ball with hands, then flatten it down on a floured surface. Make a rough circle about 7" across, cut into quarters, then three out of each quarter. Heat the oven to 220c/200 fan.

Put the scone wedges on a lined or greased tray, lightly brush with milk, sprinkle the cooked leeks over followed by the reserved grated cheese.

Bake for 10 minutes, if not quite ready, give them two minutes longer.

Enjoy!

## REGULAR EVENTS – APRIL 2025

### DYDD LLUN – MONDAY

St David's & Solva Art Group in Solva Clubhouse 10am – 1pm

St David's Day Centre for the Elderly in St Davids City Hall 2 – 4pm Contact Kay Kimber 07791352349 or Bethan Price 07767398924

St Davids Badminton Club 7-9pm in St Davids Sports Hall. Contact Tom 07535 369356

### DYDD MAWRTH – TUESDAY

St David's Library in the City Hall, 10am – 5pm (closed 1-2pm)

St David's & Solva People's Shed in Ty Pawb (The Old Scout Hut) St Davids 10am – 2pm

Friends in Harmony Choir meet in Haverfordwest 7.30pm. Car shares available from Solva & St Davids – Contact Sylvia 01437 720228

Warm rooms with tea/coffee & a classic film 2-4pm in the Clubhouse (Solva Care & Solva Community Council)

### DYDD MERCHER – WEDNESDAY

Luncheon Club in Solva Memorial Hall 12.30pm

Coffee & Chat in the Drop-In Centre, St David's City Hall 10am – 12pm

Playgroup in Solva Clubhouse 9.30am – 11.30am

Early Bird Social Gamers at Smorgasboard, St David's 11am – 3pm

Dai Ball's Quiz 8pm in The Ship, Solva

Tower bell ringing practice, St Davids Cathedral 2.45-4pm

### DYDD IAU – THURSDAY

St David's Library in the City Hall, 10am-5pm (closed 1-2pm)

Coffee Morning and Mini Lending Library in Solva Memorial Hall 10.30am – 12pm

Brushstrokes Art Group 1.30pm – 4pm in Solva Clubhouse (term time)

Open Mic at the Harbour Inn 8pm

### DYDD GWENER – FRIDAY

Friday Club in Solva Clubhouse 2pm – 4pm

Social Gaming Session in Smorgasbord, St David's 6.30pm – 10.30pm

### DYDD SADWRN – SATURDAY

My Journey Weight Loss Group in Ty Curtis Hall, St David's 9am

St David's Library in the City Hall, 10am – 12pm

Solva & St David's News would like to thank all the dedicated volunteers who help distribute the newsletter in the community, as well as the businesses and councils for their continued support in funding our publication. We truly appreciate all the support received.

Please post your events to our Facebook page – *What's On – St David's & Solva*

Email: [solvanews@outlook.com](mailto:solvanews@outlook.com)



## What's On – April 2025

- 5<sup>th</sup> April – Caretaker's Night in Solva Memorial Hall. Live Music.
- 9<sup>th</sup> April – Creative Writing Workshop, Ty Pawb, St Davids
- 12<sup>th</sup> April – Aunusthan Indian Music & Dance, Solva Memorial Hall
- 13<sup>th</sup> April – Spring Fayre and Dog Show, Parc y Capel, Solva
- 16 Ebrill - Cyfarfod Merched y Wawr, Cangen Bro Ddewi, yn Ffestri'r Seion, Stryd Newydd, Tyddewi am 1yp. Pwyllgor Blynyddol.
- 16<sup>th</sup> April – Easter Bingo at the Harbour Inn, Solva
- 17<sup>th</sup> April – 20 Years of Solva Coffee Morning Celebration, Solva Memorial Hall
- 17<sup>th</sup>-23<sup>rd</sup> April – St Davids & Solva Art Group Easter Exhibition at Oriol y Parc
- 18<sup>th</sup> April – Live Music at The Harbour Inn, Solva - Black Sails.
- 19<sup>th</sup> April – Live Music at The Harbour Inn, Solva – Green Jam
- 19<sup>th</sup> April – Easter Market at St Davids Rugby Club, 10-2pm
- 20<sup>th</sup> April – Live Music at The Harbour Inn, Solva – Busker Brothers
- 21<sup>st</sup> April – Solva Duck Race
- 22<sup>nd</sup> April – Shalom House Quiz at the City Inn, St Davids
- 27<sup>th</sup> April – Live Music at The Harbour Inn, Solva – Ella Guru
- 4<sup>th</sup> May – Penknife Club Sponsored Walk starting at The Grove, St Davids
- 14<sup>th</sup>/15<sup>th</sup> June – St Davids Open Gardens Weekend
- 25-27<sup>th</sup> July – Edge Festival, Solva. <https://www.edgefestival.co.uk/>
- 3-4<sup>th</sup> August – Solva Scarecrow Trail

Beth sydd ymlaen ym mis Ebrill