



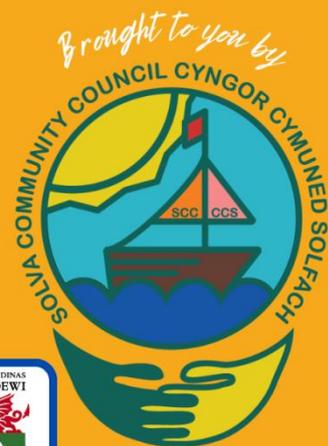
SOLVA & ST DAVIDS NEWS NEWYDDION SOLFACH & TYDDEWI

FREE COPY

Find us online solva.gov.wales

A Warm Welcome Awaits You for Our 1st

PENINSULA CLUBS & INFORMATION EVENT



Join us this March 24th for a Free Community Event, Speak to Local Groups in the Community & Learn how to get involved, Get Help and advice from Local Organisations or just come along for a coffee and a chat with some friendly members of the community

Opportunities Available :

- Public Transport Advice
- Join a Local Group
- Fraud Prevention Advice
- Community Support

**MONDAY 24TH MARCH 12-4PM
SOLVA MEMORIAL HALL**



EMAIL US FOR MORE DETAILS
solvacommunityevents@gmail.com



Kindly Supported by PAVS, Solva WI & Solva Community Council



07837 995910
info@llanungar.wales
www.llanungar.wales

LLANUNGAR CARAVAN & CAMPING
Solva, Pembrokeshire SA62 6UA

Celebrating 10 fantastic years!

EDGE FESTIVAL

live music, poetry, literature, food stalls & beer and cider festival

25-27th July 2025

MAINTENANCE MATTERS

Home & Garden

Interior/Exterior Decorating
 Fence/Shed/Decking Staining
 Gutter/Fascia/Patio Cleaning
ALL Garden Maintenance

Prompt, Reliable, **FREE** Quotations
 Dean: 01437 720179 or 07811 151678



SOLVA COMMUNITY COUNCIL

Clerk - Bruce Payne

brucepayne241@gmail.com

07890 987259

YOUR COMMUNITY COUNCIL

- **Alyssia Fiander-Houlden (Chair).** Responsible for: Play and Skate parks (Upper & Lower Solva). First aid and training courses. Social media. missafiander@gmail.com
- **Gareth Chapman (Vice Chair).** Responsible for: Newsletter & its distribution. Community car park. Plastic Free Communities. gareth.solva@gmail.com
- **Joe Griffin.** Responsible for: Whitchurch church old cemetery. Senior Citizens Christmas Lunch. gjoegriffin@aol.com
- **Ifor Thomas.** Responsible for: Clubhouse. Village noticeboards. Lower Solva picnic area. Multigenerational Path connecting Lower & Upper Solva. Solva CLT. Village greens and common land. iforthomas@gmail.com
- **Colin Reynolds.** Responsible for: the Welsh language, Welsh Heritage and its traditions. Memorial benches. rens@btinternet.com
- **Rob Richards.** Responsible for: Local agriculture. Traffic and transport. Welcome to Solva signage. robthemount@yahoo.co.uk
- **Richard Davies.** Responsible for: Parc y Capel. Coast. Allotments, SCC Carbon Neutrality Action Plan. rich.solva@gmail.com
- **Josh Phillips.** Responsible for: Solva CLT, DCWW works and POC with WG on affordable housing in Solva. Welsh Heritage Trail. joshuaphillipssolva@gmail.com

NOTICE OF MEETING

A meeting of Solva Community Council (SCC) will be held on Tuesday 4th March commencing at 6pm in Solva Community Clubhouse. This is a multi-location meeting allowing community councillors and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance which business items on the agenda they wish to contribute views on.

Agenda and minutes will be available from the Clerk and at [Solva Community Council](https://solva.gov.wales/) <https://solva.gov.wales/>

Bruce Payne - Clerk to the Council brucepayne241@gmail.com
07890 987259



COUNCILLORS CORNER

Solva



As your County Councillor for nearly 8 years I can honestly say that one of the most frequent complaints relates to dog fouling. In my view not clearing up after your dog is an utterly selfish action and totally disrespectful of your neighbours. In the summer, visitors are often blamed, but at this time of year, it has to be someone living locally that is responsible. I have been given 2 locations in Solva where it is particularly bad and descriptions of the dogs involved. I have asked that Waste Enforcement officers attend Solva to catch and issue fixed penalties to those irresponsible dog owners. I also ask that residents provide me with any information relating to dog fouling they can such as locations, dog descriptions, dates and times of offences to eradicate this problem.



Another issue that has happened recently is the fly tipping of a complete truck load of waste at Middle Mill. This was reported to me on a Saturday afternoon and within a few hours an officer from PCC attended so all credit for that. Evidence was obtained that should lead to the person responsible being identified. I ask that if you come across an incident of fly tipping please let me know via WhatsApp, Text or

Messenger with photos and the location. Please look without disturbing the pile to see if there are any address labels visible and if so picture those within the pile. Please do not post on social media as this may alert the offender and also prejudice any prosecution. The aim is that offenders are caught and prosecuted as examples to others.

I have also had concerns raised in respect of the footpath leading from the rear of 56 Bro Dawel leading to the main road being blocked by parked vehicles. The concern is that the less able, those on mobility scooters, or with prams are unable to pass. Please could I ask that when parking in that area, vehicle owners are careful not to block this path and allow free passage for residents

As previously advised Lewis Terrace (High Street) has been officially adopted but awaits work to bring the road surface up to standard. Given the poor state, I have requested that a few of the worst potholes be fixed temporarily.

The wait for housing at the Upper Solva football field continues with the CLT trying their absolute best to progress the matter. I have raised the extremely slow progress of the scheme with PCC and I am glad that the PCC Leader, Cllr Jon Harvey and the Cabinet Member for Housing, Cllr Michelle Bateman, both attended the most recent meeting of Solva Community Council to hear the concerns of the community. Sadly Ateb sent apologies shortly before the meeting.

Finally in the March meeting of Services Overview and Scrutiny, a meeting I am chairman we will be looking into the performance of the PCC refuse service. If you have any feedback, complaint or praise, then please send it to democraticservices@pembrokeshire.gov.uk or email to myself markmcarter19@gmail.com and I will forward it.



Cllr Mark Carter

Pembrokeshire County Councillor for Solva Ward.

As usual if you need any help with a Council related matter then please call or text me on **07976 553912**. Christmas holidays or evenings not a problem!

Email cllr.mark.carter@pembrokeshire.gov.uk

CYNGOR DINAS
TYDDEWI



ST. DAVIDS
CITY COUNCIL
Cywir i'n Duw a'n Gwlad

Notice of St Davids City Council Meetings:

Monthly Meetings on Monday March 3rd and Monday March 17th at 7.00pm in the Memorial Hall

The agenda and minutes are available from the Clerk and on the City Council website – <https://stdavids.gov.uk/>

Members of the public are welcome to attend and are given reasonable opportunity to make representations about items of business on the agenda to be discussed.

Members of the public wishing to attend on a remote basis should notify the Clerk to the Council by 12pm on the day of the meeting so that guidance can be provided on how to attend.

Ben Richardson is a drone pilot and content creator, and the face of BR Drone Creative, offering drone and handheld videography to businesses.



Services include

- ✓ Aerial Footage
- ✓ Handheld Videography
- ✓ Content Creation
- ✓ Social Media Consultancy

☎ 07899 843202

🌐 www.brdrone.co.uk

✉ ben@brdrone.co.uk

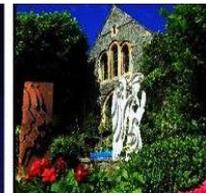
📱 [@_br_drone_creative](https://www.instagram.com/_br_drone_creative)

Mathias
Home
Hardware

01437 720340

Mathias Home Hardware is a traditional hardware shop. We have everything for any DIY, home, garden or camping needs.

71 Nun Street, St Davids SA62 6NU



Fine Art, Artist's Studio, Photographs, Prints
Art Workshops, Talks, Music, Jewellery, Gifts
Music & Tapas Nights, Pop-up Café

The Old Chapel, Main Street, Solva SA62 6UU
Tel: 01437 721907

e: heather@heatherbennett.co.uk

www.raulspeek.co.uk www.heatherbennett.co.uk



Royal British Legion Poppy Appeal - St David's branch



The recent fundraising appeal for the annual Remembrance Celebrations leading up to the 11th November 2024 raised £4406.76. I would like to thank everyone for their continued support.

Robert Davies - Area Co-Ordinator



PENINSULA BEACH CLEANS



working with
NEWGALE BEACH WOMBLES

2025

Newgale - Sunday 19th January, 2pm

Porthlysgi - Sat 1st February, 2pm

Newgale - Sunday 9th February, 10am

Newgale - Sunday 16th February, 2pm

Caerfai - Weds 26th February, 11am

Newgale - Sunday 16th March, 10am

E-MAIL: beachcleans@ecodewi.org.uk

St. Davids & District Day Centre

**Mondays in the City Hall
2 pm to 4 pm**

Transport is available

For more information please contact
Rebecca Thornton 07890629014



**Bingo
Quiz
games**



**Speakers come &
give talks on
different subjects**



Charity No 1006849

LIVE MUSIC HONEY FUNGUS

THE BISHOPS



£10 ENTRY

INCLUDES 1 RAFFLE TICKET
RAISING FUNDS FOR SHALOM HOUSE!
AUCTION ON THE NIGHT



TO BOOK A TABLE PLEASE CALL

1ST

MARCH
STARTING
FROM 8PM



Do you have a field, paddock or piece of land that's getting overgrown?

Do you want to encourage native plant species and suppress weeds/rye grass?

We have done conservation grazing in the Solva/St Davids area for the National Park and Trust for the past 20 years. Our friendly, hardy Icelandic horses will soon clear coarse grasses, nibble brambles and pave the way for native seedlings etc to become established.

We will supply the horses (and electric fence if needed), and check the horses daily. Solva/St Davids and surrounding areas only.

Contact Mic on 07791 993238 or mic@solva-icelandics.co.uk

BFS
PLUMBING & HEATING
 GAS, OIL, LPG
 DOMESTIC, COMMERCIAL, CATERING



01437 741 791



paul@barnsteadfiresprinklers.co.uk



Adam Sawyer
 Tree Surgery, Gardening, Landscaping

THE HARBOUR INN
 01437 720 013



THE HARBOUR INN OFFERS GOOD FOOD WITH
 THE OPTION OF A DAILY SPECIALS BOARD,
 FRIENDLY STAFF AND A WARM WELCOME.

A DOG FRIENDLY PUB ON THE SEAFRONT OF SOLVA.

Cymdeithas Hanesyddol Tyddewi a Phebidiog
St Davids and Dewisland Historical Society
 Noddwr: Y Gwir Barchedig J Wyn Evans Patron: The Right Reverend J Wyn Evans

Exhibition 2025
 In the Memorial Hall, St Davids

Free Entrance



St Davids
As an Industrial Landscape

1st & 2nd March 2025 10:00am to 4:00pm
 3rd March 2025 10.00 am to 2.00 pm



Tuesday 4 March 2025 from 16:00-18:30
The Great St Davids
Pancake Race

Public · Event by St Davids Penknife Club

AJD LANDSCAPING

Jacksons Fencing  **Free Phone**
 07484 169162

APPROVED INSTALLER
 ajdlandscaping@outlook.com

SOLVA CHIROPRACTIC
 Patrick - 07533281486



Chiropractic can help:
 Back pain/Sciatica/
 Headaches/Neck pain

Home clinic in Solva
 Available for home visits

Delfryn Creative

The home of art and craft courses on the St. David's Peninsula



Weekly Art and Craft Courses on Offer

**OPEN DAY
5TH APRIL**

All welcome to come along and see what we do - stay for tea/coffee/cakes and have a taste of Delfryn Creative



Info@delfryncreative.co.uk
Delfryn, Ninewells, SA62 6UH

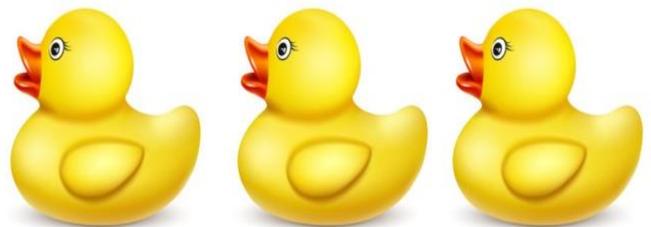
Solva Duck Race

EASTER MONDAY

21ST April, at 3.00 pm

Tickets from:

**Bayview Stores (Top Shop) -
Cambrian Inn - Harbour Inn -
Hats & Barrels - Number 35 -
The Ship Inn - Window on
Wales**



SOLVA WARM WELCOME CAWL & CEGIN Competition

Join us Sunday 2nd March for a Cawl and Welsh baking competition. Winners announced at 1.30pm

**Free
Entry &
Tasting**

All Donations received will go to local causes



Voting starts at 12pm. Entrants need to drop off by 11am. For Booking form & more information please email solvacommunityevents@gmail.com

**HWYL
PRESENTS**



Open Jamz

In association with Solva Music Library

An open mic with a twist. Bring an instrument or a song you've written. Play solo or jam with our house band. Backline available. Bar open. All welcome.

St. Davids Rugby Club MAR 2nd

1-6pm

Free Entry

Eglwys Gadeiriol Tyddewi  St Davids Cathedral

For details of our events and daily services of worship, see our website www.stdavidscathedral.org.uk



For the fourth year running, St Davids Farmhouse Brewery has hosted a Prostate Cymru Big Breakfast in partnership with the St Davids Penknife Club and once again, it was an outstanding success.

At the recent AGM of the St Davids Penknife Club, Mark and Emma Evans of the St Davids Farmhouse Brewery, along with family members attended for a formal presentation of £4000 to

Prostate Cymru.

Pictured is Geraint Richards, Chairman of St Davids Penknife Club presenting a cheque for £4000 to Stewart Richards of Pembrokeshire Friends of Prostate Cymru.



Café on the Quay
Trinity Quay, Solva Harbour

Fine Italian Coffee
Homemade Cakes and Solva Crab
Sandwiches & Local Ice Cream

01437 721725

Enjoy the Solva sunshine sitting on the Quay...
Bring the family crabbing! We sell bait and lines.

SOLV 
HARBOUR SOCIETY
'A Community Benefit Society'

TRINITY QUAY SOLVA
Tel Chairman: 07494 853642
Tel Harbour Master: 07485 655754
Tel Trinity Quay: 01437 721725

solva
woollen mill

we are open all year
Monday to Friday
9.30am to 5.30pm
Also July to September
Saturday 9.30am - 5.30pm
Sunday 2pm - 5.30pm
www.solvawoollenmill.co.uk
01437 721112
waterwheel shop tearoom



Pembrokeshire Peninsula Working Group and Meddygfa Penrhyn

It is now over two years since the resignation of Dr Dhaduvai at Solva surgery, and the intervening months saw members of local communities, associated organisations and Hwyl Dda University Healthboard in conversation regarding securing and developing GP and nursing provision in the area, then following the unexpected resignation of Dr Riley at St Davids surgery, last year a successful and largely smooth merging of the two surgeries, now managed by the Health Board and named Meddygfa Penrhyn or the Peninsular Practice, was carried out.

Following the outstanding work carried out by the staff of the Health Board and both practices, there is still work to be done, and with that in mind the Pembrokeshire Peninsular Working Group was formed to develop a vision for an ongoing model of what healthcare on the Peninsula might look like and how it will integrate with that of adjoining areas. The group is made up of HDUHB staff and board members, PCC and Third Sector organisations as well as representatives from the local community, as designated by the Community and City Councils within the catchment area of the practice.

This group has been tasked with creating this proposed vision from the following points of view; **Clinical and Care Services, Wellbeing and Third Sector, and Communication and Engagement.**

Communication and engagement has already begun disseminating information regarding the day to day work of the surgery.

As the work of these groups progresses there will be further consultation and public engagement to ensure the vision is developed in line with the specific needs of the Peninsula.

For further information please contact your Community or City Council.

The surgery has an active facebook page which publishes regular updates. See <https://www.facebook.com/profile.php?id=100063702510791>



20 Main Street, Solva.

Winter Opening Times:
Monday 9 - 4pm
Thursday 9 - 4pm
Friday 9 - 4pm
Saturday 9 - 4pm
Sunday 9 - 4pm

SIOP Y BOBOL

Opening Times

Monday – Friday from 10.00am – 1.00pm

Saturdays 11.00am – 2.00pm



Join us for a vibrant and joyous Spring Fayre, as we welcome the season of renewal and hope.

Sunday 13th April 12-4pm

Parc y Capel, Solva

**Plant Sales, Bring & Buy, Fun
Dog Show, Hot food & drink,
Local produce, Bouncy Castle
Fun for the whole family**

**Email solvacommunityevents@gmail.com for
more info and to book a pitch**



MERCHED Y WAWR - CANGEN BRO DDEWI

Mae'r Gangen wedi dechrau'r flwyddyn mewn modd prysur iawn:

Digwyddiadau Mis Ionawr

15fed Roedd yr aelodau i gyd wedi mwynhau gwrando i Gareth Evans, Ty Capel, Solfach yn adrodd hanes ei deulu, ei gynefin a'i chymeriadau diddorol a doniol yn ystod ei blentyndod yng ngogledd Cymru. Diolch o galon iddo.

27ain Aeth pedair aelod i gyfarfod Celf a Chrefft yn Ffynnon Groes i drafod murlun Caffi Beca. Cafwyd cefnogaeth calonog a syniadau gwerthfawr i fwrw mlan a'r cynllun.

Mae rhai aelodau yn cwrdd yn aml i geisio rannu syniadau er mwyn dechrau'r gwaith o ddifri.

Mwynhaodd pedair aelod ymweld a Theatr Gwaun i weld 'Congrinero', drama bwerus am fywyd cynnar y bardd T.H. Parry Williams, gyda Sion Emyr fel y bardd yn y cynhyrchiad gan 'mewn cymeriad'.

TIR A MÔR
FESTIVAL OF LAND AND SEA

CELEBRATING OUR ROOTS,
RESILIENCE AND RENEWAL
28th-30th March 2025
ST DAVIDS, PEMBROKESHIRE

- Food and Farming
- Culture and Heritage
- The Environment
- Health and Wellbeing
- Film and Music
- Panels and Workshops

scan for tickets [tiramorstdavids.co.uk](https://www.tiramorstdavids.co.uk)

TIR A MÔR
Ysgol Penrhryn Dewi
Senedd Gwyrdd
Presents:
**'This Land
Our Future?'**
with their special guest:
IOLO WILLIAMS
Joined by PCC & PCNPA Representatives

Tickets £10
under 16's free

PRESENTATIONS
Q & A

**ST DAVIDS
CITY HALL 2-4pm
29th March**

www.tiramorstdavids.co.uk



Solva Scarecrow Trail 3-4 August 2025



Horrible Historical scenes and characters will appear all round the village on 3-4 August 2025 from 10.00 to 6.00 each day. Builders get your thinking caps on and be first to book your horrible idea. No duplicates allowed. Enthusiasts note the dates and book your holidays! There will be prizes for those who guess the most correctly and for the Best, Scariest and Funniest scarecrows. The trophy was won last year by Eddie the Eagle. A great day out for the family. For more information contact Fran email fran34hb@gmail.com or on Mobile 07377059265.



Solva Community Cinema

Upcoming films

6 March The Outrun (15)

3 April Fly me to the Moon (12A0)

Doors open at 7 pm and the film starts at 7.30 pm. Tickets are £5 for adults and £3.50 for under 18's. You can become a member for £5/year, which gives you 20% of the ticket price and the use of a free cushion! We offer tea/coffee and soft drinks and there is also a bar. Any questions or suggestions, please email us at solvacinema@gmail.com Mew committee members are always welcome.

St Davids & Dewisland Historical Society Annual Exhibition

St Davids as an Industrial Landscape

This is the unusual title of the 2025 annual exhibition of the St Davids and Dewisland Historical Society Exhibition. We think of Dewisland as a very rural area where farming has been the only real industry for centuries and in fact grain, and ale or beer was a major export in the past. Other industries have left their traces and these are examined. Mining for copper at Treginnis and other ore extraction, slate quarrying, and coal imported from local coalmines through Porthclais. Lime burning at the harbour from before 1385 and coastal and cross channel trading from here.



We look at the importance of the sea and fishing throughout history and today, besides considering the staple industry of farming. The value of tourism is not new and we see how St

Dauids prospered on medieval tourism until Henry VIII's Reformation and the resurgence with the growing ownership of cars from the 1950's. A brief look at transport for locals and visitors and a longer look at hospitality and the licensed trade from farm kitchens and beer shops to the modern hotels is an interesting progression.

Well illustrated with photographs, prints and maps the Society hopes there will be something of interest here for everyone. Open in the Memorial Hall, St Davids, on Saturday 1st March and Sunday 2nd from 10.00 a.m. to 4.00 p.m. and on Monday 3rd from 10.00 a.m. to 2.00 p.m. with free admission.



Cymru Wledig LPIP Rural Wales

The Rural Wales Local Policy and Innovation Partnership

Local Policy and Innovation Partnership (LPIP) Action Research for the

St. Davids Peninsula

The Rural Wales Local Policy and Innovation Partnership (LPIP) has funding available to support collaboration between local organisations on a project for the St. Davids Peninsula. This three-year project, led by Aberystwyth University and funded by UK Research and Innovation, aims to explore local challenges through action research. From January to June 2025, the focus will be on a project to explore the Peninsula's economy.

Action research involves the community in solving local issues and taking action on living well. A Research Co-ordinator will join the project in March to oversee the work.

How can you get involved?

If you're interested in free training to help gather and analyse research or have ideas for interviews about second homes, tourism, or balancing environmental needs with local needs, email amy.nicholass@tfcpcbroskeshire.org for more information. You can find out more about LPIP here https://www.tfcpcbroskeshire.org/en_gb/together-for-change-leads-delivery-of-community-led-action-research-in-partnership-with-lpip/



Funded by UK Research and Innovation through Cymru Wledig LPIP Rural Wales and Aberystwyth University



Peninsula People - Helen Walker

I was born in Castlemorris in the mid-fifties. Our home included a shop and post office and my father, Robert Thomas, was the seventh generation to own the business, which he expanded to include the agricultural merchants in Croesgoch. My mother had been an air-hostess after which she qualified as a nurse and was a matron at The County Hospital in Haverfordwest where I was born.

I am the eldest of three girls; we had quite a strict but happy upbringing. We went to a Welsh Sunday school at Llangloffan, primary school at Fishguard and we were all sent to Penrhos in North Wales when we were eleven.

It was fun living in the village and we spent most of our time outside with the other children. My parents were busy, farming and running the business which sold everything from Neatsfoot oil to petrol.

We moved to Fishguard in 1973 and our home in Castle Morris was converted into a pub with rooms which readers may know as Y Gwesty Bach and for many years there were pictures of us on the walls.

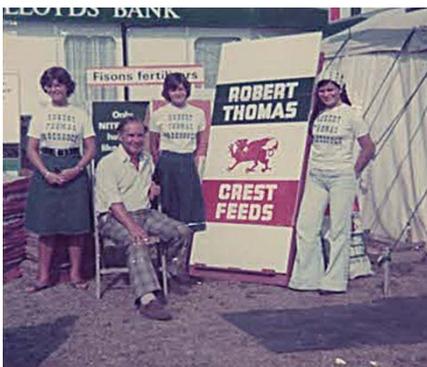
I enjoyed my school years; I learned to play the piano, I played cricket, netball, sailed dinghies and made life-long friendships. I did a degree in French at Portsmouth Poly which included living in France for a year or so and I still enjoy speaking French today on our regular visits in our motorhome.

I've spent quite a lot of my life on the St David's Peninsula. In the 1950s and 60s we had a caravan at Whitesands on what was known as Sandy Lane until the Council cleared the area for the coast path and my parents moved it to Pencarnan Farm above Porthsele Beach. My sisters and I spent most of our school holidays at Pencarnan where we made friends who we still see today from time to time. In my teens I went bell ringing at St Davids cathedral and frequented some of the pubs afterwards - I remember The Grove was a favourite haunt.

I met my first husband, William, in my late teens at pony club and we had our first date in The Royal George, Solva. We married when we were 22 and we had three children who all live in Pembrokeshire.



Helen & Megan in Brittany



At the County Show, mid '70s



The Bobsleigh at Oakwood

They're married and we have seven lovely grand-children who, fortunately, enjoy spending time with us oldies in Solva, probably because we spend much of it in and on the sea.

William and I farmed in south Pembrokeshire and in 1984 we diversified and along with his family started Oakwood. I was asked to run the shop and so instead of looking after animals I set off to a show at the NEC in Birmingham with £500 in my pocket to purchase merchandise. I learned all the aspects of sales and marketing very quickly and also selecting and managing staff and together, my staff and I grew the retail

sales to a £1m turnover business!

Unlike my father, I'm not and never have been much of a story-teller but I do enjoy some of the tales he told. One concerned Dai 'Crust' who was a baker in St Davids and was chosen to supply bread for a royal visit after which he became known as Dai 'Upper Crust'.

When I was 40 I joined Pembrokeshire Harriers and started running. I was going through a divorce and it was an excellent distraction. I particularly liked running off-road and I took part in lots of races. My life revolved around training schedules and I completed four London marathons and numerous fell races.

I married Peter in 2005 and shortly afterwards we bought a wonderful home in Tregwynt which had 3 acres of landscaped gardens. I balanced working in the garden with my running and also my new role managing the accounts for Pembrokeshire Bikes which Peter was concentrating on. We trained together running and cycling and soon I was tempted into triathlon and so I spent a year perfecting my freestyle swimming.

Peter and I competed in some memorable races together and I enjoyed having someone to share my new passion with. I've always had a love of the sea and fancied a home with a sea view so I often kept an eye on the property market in case the right place became available and in 2019 I found Pen Morfa in Anchor Down. We bought it and moved in a few months before the outbreak of COVID 19. The St Davids Peninsula has a very special place in my heart. The rugged coastline, changeable weather and being outdoors are just some of the things I love about living here. I really enjoy living in Solva, everyone is so friendly and it's also been a pleasure to volunteer for Solva Care.



Helen & Peter at the finish line



St Davids City Hall

The City Hall is located at the heart of St Davids and offers a range of facilities for arts, sport, exhibitions, sales, community events and meetings.

For bookings and enquires please contact: Mrs Katie Bolger on 07821656233 or e-mail hallmanager@stdavids.gov.uk



Heddlu Police
DYFED-POWYS

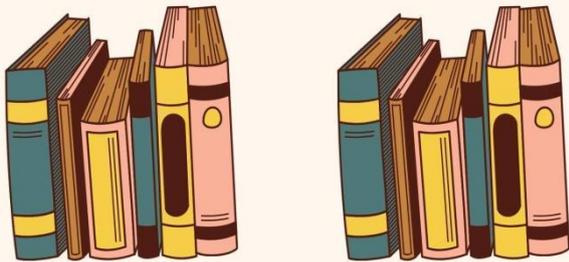
St Davids Policing Team - Drop In Surgery

Members of Dyfed Powys Police will be running a monthly Drop In Surgery on the first Thursday of each month from 10.30am – 12 noon in the Youth Drop-In Centre (entrance via Bryn Road). This is an opportunity for local residents to bring any matter to the attention of the Police. No appointments necessary.

Next Surgery – Thursday 6th March

Please contact the Clerk on 01437 721 137 or clerk@stdavids.gov.uk for more information

St Davids City Council, City Hall, High Street, St Davids, Pembrokeshire SA62 6SD



St. Davids Library
now open
Saturdays from
10 am - 12pm



Opening hours
Tuesdays 10 am - 1pm and 2pm - 5pm
Thursday 10 am - 1pm and 2pm - 5pm
Saturday 10am - 12pm



St Davids City Council

Wednesdays 10.00am – 12noon at
the Drop In Centre, City Hall, St
Davids

All welcome to attend
Free of charge

S Mann - Clerk to the Council,
City Hall, High Street, Haverfordwest,
Pembrokeshire SA62 6SD

clerk@stdavids.gov.uk
Tel 01437 721137

CYNGOR DINAS
TYDDEWI



ST. DAVIDS
CITY COUNCIL
Gwir i'n Daw a'n Gwlad



Coffee & Chat



CLWB SOLFACH SOLVA LUNCHEON CLUB



Lunch Club is still very well attended, but we are always happy to welcome more diners!

Still going strong in Solva Memorial Hall, 40+ years on!

Please contact Jane Pascoe on 01437 721544 if you would like to help or join.



SOLVA WI

At our meeting held on 9th January, we discussed the National Resolutions and each member then voted anonymously.

Our committee remains as before with Mary Haughton as President. Mary then presented the programme for 2025 which looks very interesting.

3 members have decorated the WI House window in Haverfordwest with a Valentine's Day theme using 'flowers' made mainly by 1 member!

Visits to the Torch Theatre were discussed & tickets booked including to Pembrokeshire WI's 'Anything Goes'.

The Book Club will be held at Harbour Inn on 17th March.

The Walking Group would be pleased to have more walkers join them!

Our next meeting is on Thursday 13th February when a Solva member will be recounting her visit to Japan.

The Annual Pancake Coffee Morning is organised for Shrove Tuesday, 4th March, 10.30 – 12 noon in Solva Memorial Hall. Takings will be donated to Solva Care. All are welcome!



Wedding Anniversary Celebrations?

If you know of any couple in St Davids that may be celebrating a Golden or Diamond Wedding Anniversary, please contact St Davids City Council by phone (01437 721137) or email (clerk@stdavids.gov.uk)



ST DAVIDS COMMUNITY GARDEN

A COMMUNITY GARDEN OPEN TO EVERYONE!

Where is it?
Half way along Cathedral Close, next to the Canonry, St Davids, SA62 6PE

Visit anytime to relax & enjoy the space or pop along to a volunteering session

Nature haven
Gardening
Friendly & sociable
Fruit & veg
Calming
All abilities
Birdsong

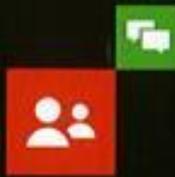
Saturday 4th January 10am - 12pm
Wednesday 8th January 10am - 12pm
Saturday 18th January 10am - 12pm
Wednesday 22nd January 10am - 12pm
Saturday 1st February 10am - 12pm
Wednesday 5th February 10am - 12pm
Saturday 15th February 10am - 12pm
Wednesday 19th February 10am - 12pm
Saturday 1st March 10am - 12pm
Wednesday 5th March 10am - 12pm
Saturday 15th March 10am - 12pm
Wednesday 19th March 10am - 12pm
Saturday 29th March 10am - 12pm



Email: communitygarden@ecodewi.org.uk
Facebook: www.facebook.com/dewisacre



Our Community Banker service here is ending soon



Our last visit to this location will be Monday 7 April

Until then, we'll continue to visit on Mondays between 10:00am and 3:00pm

Ways to bank with us

Mobile Banking app | Online | Call us | At a cash machine | At your local Post Office



Download our Mobile Banking app by scanning the QR code opposite or visit lloydsbank.com



Visit lloydsbank.com or lloydsbank.com/business
Personal customers call: 0345 300 0000
Business customers call: 0345 072 5555 (lines are open Monday to Friday 7am-8pm, and Saturday 9am-2pm)

No cash facility is available

ST DAVIDS YOUTH CLUB



OPENING TIMES
EVERY TUESDAY
6:30PM - 8:30PM

WHATS ON?

Age 11+? We are here to offer you lots of fun activities and challenges. We also offer support, information and guidance. Just pop in and find out more.

WHERE?

City Hall, High St, St Davids, Haverfordwest SA62 6SD
St Davids City Hall (Back entrance through the blue gate)



Defibrillators in Solva



Solva Community Clubhouse & AFC
 What3words: outlast.doted.fuzz
 Post Code: SA62 6XW



Solva Memorial Hall
 What3words: cookies.blurts.symphonic
 Post Code: SA62 6TE



Bay View Stores
 What3words: places.examples.crackling
 Post Code: SA62 6TX



Lower Solva Car Park – Harbour Inn
 What3words: tinny.router.tribe
 Post Code: SA62 6UT



Trinity Quay
 What3words: apart.adhesive.open
 Post Code: SA62 6UQ

THE OLD SCOUT HUT ST DAVIDS

WHATS ON WEEKLY

MONDAY Life Drawing 7-9pm

TUESDAY People's Shed & Knit&Natter 10am-12

Pilates 5.30-6.30 + 6.30-7.30

WEDNESDAY -

THURSDAY 5.30-6.30 Kid's Dance 5-8yrs old

Pilates 6.30-7.30

FRIDAY Stitchy Witches 10am-12

SATURDAY -

SUNDAY Y Groesfan Church 4.30-5.30

BOOKINGS

To attend one of these activities or book the hall for a one off private or public event/activity

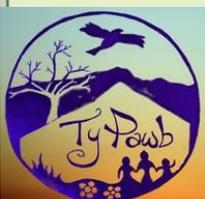
Contact Becky
07788633719



Funded by UK Government

Wedi ei ariannu gan Llywodraeth y DU

TALK TO BECKY ABOUT VOLUNTEERING OPPORTUNITIES WITH ST DAVIDS BEFRIENDERS AND THE PEOPLE'S SHED AT THE SCOUT HUT



PEMBROKESHIRE SEAWEED & SHELLFISH

WWW.CARYMOR.WALES
07773 846560

The Ship, Solva 01437 721528

New home cooked menu
Great drinks offers
Open log fire
Wed quiz 8 pm with jackpot raffle
BOOK NOW!

Follow:

@theshipinnsolva

Kayak Fishing

SEASHORE DINING
ANGLING TUITION
FORAGING
PEDAL KAYAK TOURS
BASED IN SOLVA

WWW.CATCHANDCOOK.CO.UK
07869 825412

SOLVA SEAFOODS
Part of Câr-Y-Môr Community Benefit Society

Your purchase from us not only supports sustainable practices, it also helps create jobs locally.

Shellfish
Lobster, Crab, Oysters & Mussels

Dried Seaweed
Rope Grown in Ramsey Sound, Pembrokeshire

07773 846560
sales@solvaseafoods.co.uk
www.solvaseafoods.co.uk

We provide free parking in St. Davids and free mini-bus to the boat and back.

AQUAPHOBIA
Marine Wildlife Tours

St Davids, Pembrokeshire SA62 6SB

TEL: 01437 720471
www.aquaphobia-ramseyisland.co.uk

Book your trip at Ramsey Island booking office. Office by the Grove Hotel, opposite the TIC.

From our cows... to your cone...

POINTZ CASTLE ICE CREAM

www.PointzCastle.com
www.PointzCastle.com

Solva Memorial Hall

VENUE HIRE | EQUIPMENT HIRE | MUSIC INSTRUMENT LIBRARY

enquires to sam.solvamemorialhall@gmail.com



SCALE OF CHARGES

MUSIC INSTRUMENT LIBRARY

	<i>per week</i>
Electric Guitar	£8.00
Acoustic Guitar	£6.00
Classical Guitar	£6.00
Melodeon	£10.00
Flute	£5.00
Mandolin	£8.50
Violin	£9.00
Cello	£8.00
Bass Guitar	£7.50
<i>- and more!</i>	
<i>Hire the practice room</i>	<i>per hour</i>
Drum Kit	£8.00
Piano	£8.00
Band Practice	£10.00

ANNUAL MEMBERSHIP
£60 PER YEAR

Hire instruments for free

Discount on practice room

SIGN UP WITH THE BOOKING CLERK!





Solva Warm Welcome

Solva Community Council, in partnership with Solva Care, Coffee Mornings, and Luncheon Club, is delighted to announce the details of our Warm Welcome Events. These events will run until 31st March 2025. Monthly programmes will be published in the Solva & St Davids Newsletter.

To ensure a smooth experience, we kindly ask that you book in advance with the contact provided (in particular, for Luncheon Club!).

We look forward to welcoming you!

March 2025 Programme

Date	Time	Event	Location	Contact	Refreshments
Tues 4 th	2pm to 4pm	Cinema Film	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Wed 5 th	10:30 to midday	Luncheon Club	Memorial Hall Solva	Carol Ann Jones 01437 721374 07970 614233	Tea, coffee & Biscuits
Thurs 6 th	Midday to 2 pm	Coffee Morning	Memorial Hall Solva	Ifor Thomas 01437 729574	2 course meal
Fri 7 th	1:30 to 4:30pm	Friday Club	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Tues 11 th	2pm to 4pm	Cinema Film	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Wed 12 th	10:30 to midday	Luncheon Club	Memorial Hall Solva	Carol Ann Jones 01437 721374 07970 614233	Tea, coffee & Biscuits
Thurs 13 th	Midday to 2 pm	Coffee Morning	Memorial Hall Solva	Ifor Thomas 01437 729574	2 course meal
Fri 14 th	1:30 to 4:30pm	Friday Club	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Tue 18 th	2pm to 4pm	Cinema Film	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Wed 19 th	10:30 to midday	Luncheon Club	Memorial Hall Solva	Carol Ann Jones 01437 721374 07970 614233	Tea, coffee & Biscuits
Thurs 20 th	Midday to 2 pm	Coffee Morning	Memorial Hall Solva	Ifor Thomas 01437 729574	2 course meal
Fri 21 st	1:30 to 4:30pm	Friday Club	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Tues 24 th	2pm to 4pm	Cinema Film	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits
Wed 25 th	10:30 to midday	Luncheon Club	Memorial Hall Solva	Carol Ann Jones 01437 721374 07970 614233	Tea, coffee & Biscuits
Thurs 26 th	Midday to 2 pm	Coffee Morning	Memorial Hall Solva	Ifor Thomas 01437 729574	2 course meal
Fri 27 th	1:30 to 4:30pm	Friday Club	Clubhouse & AFC Solva	Lena or Lesley on 07805 717556	Tea, coffee & Biscuits



A huge thank you to everyone who attended and helped at Solva's Burn's Night Ceilidh in the Memorial Hall, on a very wet and windy evening at the end of January.

Due to people's generosity we managed to raise a much-needed £600 for the Hall.

We are planning to repeat the event, so keep Saturday 24th January 2026 free if you can!



THE BUG FARM
VISITOR ATTRACTION &
NATURE RECOVERY CENTRE

THE BUG FARM TO YOU' - WINTER 2025
GROUPS OF 12 - 40 PEOPLE

Need a fun and educational group activity without having to travel? Between January & March The Bug Farm can come to you!

What kind of groups?

- ✦ Schools and colleges
- ✦ Conservation groups or social clubs
- ✦ Birthday parties
- ✦ Events and fundraisers
- ✦ Care Homes

What is on offer?

- ✦ Learn about and hold beautiful tropical bugs with exclusive 'Meet the Bugs' sessions
- ✦ Introduction to the world of Entomophagy and edible insects.
- ✦ Try Bug Farm Foods' famous Chocolate Chip Cricket Cookies!



FOR PRICES & MORE DETAILS ABOUT
BESPOKE GROUP VISITS
Send us an email: info@thebugfarm.co.uk

www.thebugfarm.co.uk

SOLVA MEMORIAL HALL

Caretaker's #01
NIGHTS
Original Live Entertainment

LIVE MUSIC

APRIL
5

DOORS
OPEN
7PM

Lost Roots

folk ∞ roots ∞ dub

MIKE CHANT
singer ∞ songwriter

Food



Bar



Tickets

£10 / concessions
sam.solvamemorialhall@gmail.com





ORIEL Y PARC – St Davids

Amgueddfa Cymru Gallery

**Courage and Community – RNLI 200 Cymru
Saturday 29 June 2024 – Sunday 1 June 2025**

In 2024 we celebrated 200 years of the Royal National Lifeboat Institution, the charity dedicated to saving lives at sea. Be inspired by the stories of ordinary people doing extraordinary things, with games and activities for the whole family in this exhibition.

St Davids Room

Double Vision by Clive Gould and Graham Brace

Friday 14 March – Sunday 4 May

Double Vision showcases the breathtaking beauty of Pembrokeshire through the eyes of two distinguished artists, Clive Gould and Graham Brace. This exhibition features framed limited edition prints that capture the region's iconic landscapes. Clive Gould's large-scale acrylic seascapes exude depth and drama, while Graham Brace's intricate mixed media pieces, primarily created with coloured pencils, offer a more intimate portrayal of the countryside. Despite their differing techniques, both artists share a commitment to realism, skilfully rendering Pembrokeshire's most beloved coastal and rural scenes.

Tower

Tangnefedd Rhyngom: Peace Between Us by Jackie Morris and Elly Morgan

Friday 7 March – Sunday 27 April

The exhibition is a heartfelt exploration of peace in its many forms. With a wish, a prayer, and hope, the exhibition reflects the peace shared between the artists, the gallery, and the audience. Featuring prints of painted doves by Jackie and beautifully crafted ceramic doves by Elly, the exhibition creates a serene space for reflection in the heart of the UK's smallest city.

Jackie Morris is an illustrator, artist, writer, best known for her work on *The Lost Words*, *The Lost Spells* and *The Unwinding*. Elly Morgan is a maker of smoke-fired clay work, drawing inspiration from the natural world within Pembrokeshire's coastal and inland habitats.

Discovery room

Turquoise Seas and Rocky Shores by Jane Boswell

Saturday 8 March – Tuesday 29 April

This exhibition is a celebration of the sublime beauty of Pembrokeshire's coast and sea. Jane's expressive paintings capture the powerful forces of nature, evoking the sensation of being immersed in the tides, from raging seas to calm waters. A passionate wild swimmer, Jane draws inspiration from the quiet coves and tidal edges, translating these experiences into her artwork. Her bowls and dishes reflect the vibrant hues of rock pools—turquoise, blue, purple, and green—crafted from semi-porcelain clay with bubble glazes and finished with silver or gold, adding a sense of preciousness. Her "Sea Cauldrons," inspired by the rock pools of Whitesands Bay, capture the raw beauty of water-sculpted shapes and the delicate life clinging to the shore.

Events

Words of Peace with Jackie Morris

Saturday 22 March, 2pm – 3pm

In celebration of World Poetry Day, join artist Jackie Morris for a talk about her exhibition, Tangnefedd Rhyngom: Peace Between Us by Jackie Morris and Elly Morgan. Followed by Q&A's and then silent time surrounded by her work in the tower. FREE

Family activity: Wings of Peace by Elly Morgan

Saturday 22 March, 10.30am – 12.30pm

Ever thought of having your work in an exhibition? Inviting you to join local artist Elly Morgan to create a giant installation which will become part of her exhibition – Tangnefedd Rhyngom: Peace Between Us by Jackie Morris and Elly Morgan. Express your own thoughts of peace through the use of recycled materials and acrylics. FREE Drop in workshop

Oriel y Parc is a co-host for the Tir a Môr Festival

Friday 28 – Sunday 30 March

Visit tiramorstdavids.co.uk for details of events across the St Davids peninsula.

Saturday 29 March

Meet Will Chant, Coxswain of the St Davids Lifeboat

Free 15-minute talks at 11am, 12noon and 2pm

Join us at the Courage and Community: RNLI 200 Cymru exhibition for a special talk by Will Chant, Coxswain of the St Davids Lifeboat. Learn about the crucial steps involved in launching a lifeboat for a rescue mission and gain insight into the skill and dedication of the RNLI crew. Drop in and discover the lifesaving work of the RNLI in action.

Songs of the Sea with Mike Chant from 11am

Join local musician, Mike Chant, as he brings the spirit of the Pembrokeshire coast to life through songs inspired by the sea. Drop in and enjoy a musical celebration of maritime heritage and coastal beauty.

Spring Craft Market

Saturday 29 March, 10am–3pm

Join us for a selection of local stallholders selling handmade crafts and produce.
FREE

WANT TO BE IN THE NEWS?

Advertise your Business!

Promote your Event!

Tell everyone your good news!

From April 2025 we are hoping to produce Solva & St Davids News in

FULL COLOUR!

The free newsletter is published every month and distributed to all homes in Solva, St David's and Whitchurch, as well as being available in shops, pubs, halls etc. for visitors.

It can also be downloaded from solva.gov.wales.

If you would like to include something in Solva & St Davids News, and for advertising rates, please contact the editor Mic Rushen. The deadline is currently the 10th of the month preceding publication. If you need help with designing an advert or anything else, just let me know.

Email solvanews@outlook.com

Thoughts on the Newgale Road Scheme

I write this as the owner of Carters shop in Newgale, and I thought I would share my views of the proposed Newgale road scheme.

We have owned our hardware shop in Newgale for nearly 30 years and we feel we have a somewhat unique business in this modern age. It is often described as an "Aladdin's Cave" as it is far bigger inside than it looks from the outside. The property has never flooded

Prior to us owning it, it was a convenience store that closed down in 1994, I suspect due to having no winter trade. It has been run by 3 generations of my family. I have lived close to Newgale since 1975 , and whilst there have been many storms over the years, only two in 1987 and 2014 have really caused serious damage and shut the



road for an extended period. After the 2014 event that involved a bus being hit by a freak wave, the now retired Pembrokeshire County Council Coastal engineer commissioned a study into the shingle bank with the aid of a firm of consulting engineers. They came to the conclusion that a sea defence that has stood in Newgale for many years has a limited life span , a new diversion road should be built and the businesses on the front be abandoned and nature would take its course. Originally when the new road crossing further up the valley was to be built, the original seafront road was to be kept for up to 30 years to provide a route across the village and service the seafront properties.

The latest scheme involves immediately ripping up the original road and replacing it with a diversionary route up the valley from Bay View Farm, Penycwm to Southwood farm between Roch and Newgale with a very large raised piece of road across Brandy Brook taking land from 5 farms against the farmers' wishes. To



allow residents and visitors to cross from one half of Newgale to the other a boardwalk is proposed to be built. I understand that the cost in investigation work so far is about £3m and the cost of the scheme in total is in excess of £40M. A local resident has proposed and costed a scheme that will extend the life of the shingle bank for many years for approx £0.5M

So what is my view of this proposal? For my business it is a disaster. We are not affected by any flooding from sea or river, other than the temporary road closures when traffic is diverted via Roch bridge. The diversion itself is awkward but an alternative arrangement has been suggested to make it one way but this has not been acted upon. Without passing traffic, our business is dead and the 5 people that are employed there would have to be laid off or relocated. We also let the 2 flats above the shop. If the shop is not viable, then the fact that the shop subsidises the flats means that 2 homes are lost. The cafe next door, I would be certain, would also lose all passing trade. If the sea defence is abandoned then the surf shop and the camp site would soon be useless and who would ever want to rebuild the fire damaged pub without it having a future? Newgale has a history of 5 thriving businesses and a location that attracts huge crowds for 6 months of the year with the most iconic of views as you approach from Haverfordwest. Nothing is better than sitting outside the pub with a cold drink in your hand. I have yet to meet anyone who wants this scheme to happen or indeed thinks that this is a wise way to spend £40m. I get that in time, Global warming will necessitate many adaptations to our daily life but in my view this scheme is not needed now or probably for many years. Residents and visitors love Newgale for what it is, please just leave us alone for as long as possible to enjoy it.

Mark Carter

M: 07976553912

E: markmcarter19@gmail.com

Menevia WI

January can sometimes be quiet, but not for Menevia WI. We have had an influx of new members, which is brilliant! At our January meeting we heard and voted on the 'Resolutions', which are sent to the National WI AGM in June. The chosen resolution turns into a national campaign, to change something fundamentally important not only to the WI but to everybody.

We have also started rehearsals for "Anything Goes" a Pembrokeshire WI show at the Torch Theatre on 28 March 2025, and started work on our entry for The Rose Bowl Craft competition on 9 April 2025. In March we are delighted to have Jane Baylis for a Japanese Evening with her selection of kimonos!

If you want to see what the WI is about, come along to a meeting. You never know, it might just be what you're looking for! Visitors and new members welcome on the 2nd Wednesday 7.30pm, City Hall, St Davids.

Andrea Cartwright, Secretary, meneviawi@gmail.com



Do The Little Things...

March 1st is St David's Day, which is always celebrated in Wales, especially in the city of St Davids, the original home of the saint.

St David was born in the year 500, the grandson of Ceredig ap Cunedda, King of Ceredigion. According to legend, his mother St Non gave birth to him on a Pembrokeshire clifftop during a fierce storm. The spot is marked by the ruins of Non's Chapel, and a nearby holy well is said to have healing powers.

St David became a renowned preacher, founding monastic settlements and churches in Wales, Brittany and southwest England – including, possibly, the abbey at Glastonbury. St David reputedly made a pilgrimage to Jerusalem, from which he brought back a stone that now sits in an altar at St Davids Cathedral, built on the site of his original monastery.

St David and his monks followed a simple, austere life. They ploughed the fields by hand, rather than using oxen, and refrained from eating meat or drinking beer. St David himself was reputed to have consumed only vegetables and water.

The most famous miracle associated with St David took place when he was preaching to a large crowd in Llanddewi Brefi. When people at the back complained that they could not hear him, the ground on which he stood rose up to form a hill. A white dove, sent by God, settled on his shoulder.

St David died on March 1st – St David's Day - in 589. He was buried at the site of St Davids Cathedral, where his shrine was a popular place of pilgrimage throughout the Middle Ages. It was said that two visits to St Davids equalled one to Rome.

His last words to his followers came from a sermon he gave on the previous Sunday: 'Be joyful, keep the faith, and do the little things that you have heard and seen me do.' The phrase '*Gwnewch y pethau bychain mewn bywyd*' - 'Do the little things in life' - is still a well-known maxim in Wales.

Another well-known Welsh emblem seen everywhere on St David's Day is the daffodil. Exactly how the flower wangled its way into Welsh culture is something of a mystery, but its rise in status was likely aided by the flower's Welsh name: *cenhinen Bedr*, which literally translates as 'Peter's leek' – leeks having been a symbol of Wales since before the 16th century (possibly due to St David's love of vegetables, and the ease with which leeks may be grown in Welsh conditions) – and the way they tend to come into bloom around St David's Day. The fact they're also somewhat prettier than leeks (especially when worn on clothing), likely aided their swift rise to fame.





Shalom House Day Centre:

Shalom House supports the people of Pembrokeshire, providing holistic, accessible, personalised care for those who have been diagnosed with cancer and other life limiting illnesses, such as MND, Parkinson's and COPD. We are here to support people through a difficult time and to help provide a better quality of life.

Shalom House News

We are holding our annual Virtual Balloon Race in March. Pop on our Facebook or Instagram page for the link to buy a balloon. It's only £3 a balloon and you have until 11th March to get one. There is a prize for the winner.

Why not join our 100 club? From just £3 per month, you will be able to join in the monthly draw. Winners get a cash prize. Contact Sam for more details.

We are looking for volunteers for both our shops in St Davids and Fishguard, if anyone is interested in sparing a few hours. We are also looking for volunteer drivers to help bring attendees to and from Shalom House. If you are interested get in touch with Sam on 01437 721 344



Ty Curtis Hall, Bryn Road, St Davids

Currently: 4hrs £14 8hrs £28 Full day £30

Contact 07952 201813 to hire. Also available for parties, craft classes, music etc. Garden also available.

Monday - Available for hire

Tuesday

10am-11.15am Tai Chi with Judy Schunemann. Contact No.07890 647338

6.30pm-7.30pm Vinyasa Yoga. Contact Sophie at

<https://www.theflyingfitfoodie.com/classes>

Wednesday

9.30am & 10.45am Pilates with Christine. Pilates for strength, flexibility and functionality. Contact Christine Higgins

6.30pm till 7.30pm. Slow Flow Yoga with As You Are Yoga & Wellbeing. Contact Abbie on 07817851853 or www.asyouarewellbeing.co.uk

Thursday - Available for hire

Friday - Available for hire

Saturday

9am-9.30am

My Journey Weight Loss class

Sunday

11am until 12. Cyfarfod Crynwyr Tyddewi/ St David's Quaker Meeting. Sunday

Contact Nia Harries 01348 872002.



Ysgol Penrhyn Dewi

So far this term the children have been extremely busy retelling the story of Handa's Surprise, fruit tasting, exploring the journey of food such as bananas and milk and enjoying learning more about celebrations such as Chinese New Year.



Our staff have also been very fortunate to undergo some fantastic CPD which supports our movement-based pedagogy. Here on Aidan campus we love participating in Disco Dough to strength all our fingers and muscles which aid children's mark making and writing.

We will now be developing our practice further and adopting Squiggle while we Wiggle into our daily routine. Squiggle while you Wiggle will further support our children in developing their early writing skills, it will develop and strengthen our brain and body connection in a fun and energetic way. A huge thank you to the Cyfeillion who have supported us in the purchase of some essential tools and resources in making this possible. We are very grateful.

Here on Aidan we continue to explore and utilize our beautiful and rich outdoor environment both in Solva and St Davids. We were also recently visited by our friend in St Davids Cathedral to learn more about the Cathedral Choir. We are looking forward to our St Davids celebration down in the Cathedral when we return to school.

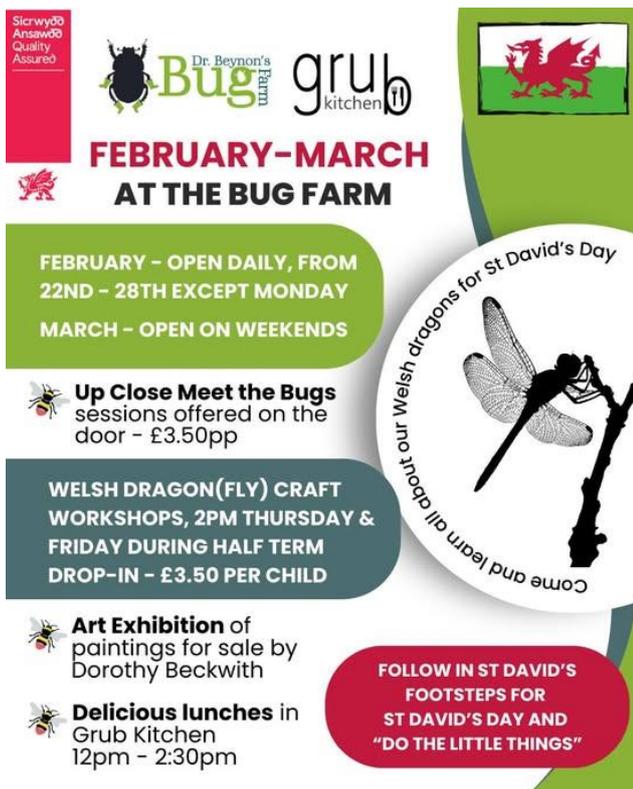


Friday Club March – April 2025

March	
7 th	Judy's Mindful Movement Art in Nature & Mindfulness with Bronwen Scale
14 th	Alyssia - Fall prevention Visit by the Greyhound Rescue
21 st	Judy's Mindful Movement Poetry with Fran
28 th	Qigong with Ifor Debbie's Craft
April	
4 th	Ukulele Pirates (full session)
11 th	Judy's Mindful Movement Richard Vaughan, Pembrokeshire Coast National Park
	Easter Hols 2 weeks (Good Friday 18 April). Start back 2 May

Solva Care is a community based charity focusing on volunteer social support. Solva Care aims to maintain and improve health and wellbeing, enabling people to stay in their own homes and to combat loneliness, isolation and social disadvantage. Solva Care is offering warm rooms on Tuesdays 2pm-4pm in Solva Community hub. Come and join us for a hot drink, company and a classic film.

If you think that Solva Care might be helpful to you or others please see our website www.solvacare.co.uk for further information, or contact Lena Dixon, Co-ordinator on 07805 717556. Or email solvacare@solva.gov.wales



Sicrwydd Ansawdd Quality Assured

Dr. Beynon's grub kitchen

FEBRUARY-MARCH AT THE BUG FARM

FEBRUARY - OPEN DAILY, FROM 22ND - 28TH EXCEPT MONDAY
MARCH - OPEN ON WEEKENDS

Up Close Meet the Bugs sessions offered on the door - £3.50pp

WELSH DRAGON(FLY) CRAFT WORKSHOPS, 2PM THURSDAY & FRIDAY DURING HALF TERM DROP-IN - £3.50 PER CHILD

Art Exhibition of paintings for sale by Dorothy Beckwith

Delicious lunches in Grub Kitchen 12pm - 2:30pm

Follow in St David's Footsteps for St David's Day and "Do the Little Things"

Come and learn all about our Welsh dragons for St David's Day

Solva has been appearing on the TV again, as the ITV crime drama "Unforgotten" returned to people's screens in February.

A number of venues around the village were used, though they were supposed to represent a village in Ireland.

Lead actor Sanjeev Bhaskar commented "'Wales was absolutely stunning. It was beautiful there, and we had a couple of Irish actors in the cast who said, 'This is exactly what the bit of Ireland where the story is set looks like'.

"I did wonder what the locals thought when a Garda car pulled up in the street. It took ages to get to, but once you were there, it was perfect."



REGULAR EVENTS – MARCH 2025

DYDD LLUN – MONDAY

St David's & Solva Art Group in Solva Clubhouse 10am – 1pm

St David's Day Centre for the Elderly in St Davids City Hall 2 – 4pm Contact Kay Kimber 07791352349 or Bethan Price 07767398924

St Davids Badminton Club 7-9pm in St Davids Sports Hall. Contact Tom 07535 369356

DYDD MAWRTH – TUESDAY

St David's Library in the City Hall, 10am – 5pm (closed 1-2pm)

St David's & Solva People's Shed in Ty Pawb (The Old Scout Hut) St Davids 10am – 2pm

Friends in Harmony Choir meet in Haverfordwest 7.30pm. Car shares available from Solva & St Davids – Contact Sylvia 01437 720228

Warm rooms with tea/coffee & a classic film 2-4pm in the Clubhouse (Solva Care & Solva Community Council)

DYDD MERCHER – WEDNESDAY

Luncheon Club in Solva Memorial Hall 12.30pm

Coffee & Chat in the Drop-In Centre, St David's City Hall 10am – 12pm

Playgroup in Solva Clubhouse 9.30am – 11.30am

Early Bird Social Gamers at Smorgasboard, St David's 11am – 3pm

Dai Ball's Quiz 8pm in The Ship, Solva

Tower bell ringing practice, St Davids Cathedral 2.45-4pm

DYDD IAU – THURSDAY

St David's Library in the City Hall, 10am-5pm (closed 1-2pm)

Coffee Morning and Mini Lending Library in Solva Memorial Hall 10.30am – 12pm

Brushstrokes Art Group 1.30pm – 4pm in Solva Clubhouse (term time)

Open Mic at the Harbour Inn 8pm

DYDD GWENER – FRIDAY

Friday Club in Solva Clubhouse 2pm – 4pm

Social Gaming Session in Smorgasbord, St David's 6.30pm – 10.30pm

DYDD SADWRN – SATURDAY

My Journey Weight Loss Group in Ty Curtis Hall, St David's 9am

St David's Library in the City Hall, 10am – 12pm

Solva & St David's News would like to thank all the dedicated volunteers who help distribute the newsletter in the community, as well as the businesses and councils for their continued support in funding our publication. We truly appreciate all the support received.

Please post your events to our Facebook page – *What's On – St David's & Solva*

Email: solvanews@outlook.com



What's On – March 2025

- 1st March – St Davids Day Market, Cross Square, St Davids 9-4pm
- 1st March – Twisted Dragon at the Harbour Inn, Solva
- 1st March – Honey Fungus at The Bishops, St Davids, 8pm
- 2nd March – Cawl a Cegin, Solva
- 1-3rd March – St Davids & Dewisland Historical Society Annual Exhibition, City Hall, St Davids
- 4th – The Great St Davids Pancake Race, 4-6.30pm
- 4th – WI Pancake Coffee Morning, 10.30-12pm, Solva Memorial Hall
- 10th – Talk on the 18th Century Cathedral by Bishop Wyn Evans in St Davids City Hall, 7.30pm
- 19 - Cyfarfod Merched y Wawr, Cangen Bro Ddewi, yn Festri'r Seion, Stryd Newydd, Tyddewi am 1yp. Siaradwraig: Margaret Morgan, Menter Iaith.
- 28-30th March – Tir a Mor Festival, St Davids
- 29th March - Pink Tribute at the Harbour Inn, Solva (£10 per ticket)
- 5th April – Caretaker's Night in Solva Memorial Hall. Live Music.
- 13th April – Spring Fayre, Parc y Capel, Solva
- 25-27th July – Edge Festival, Solva. <https://www.edgefestival.co.uk/>
- 3-4th August – Solva Scarecrow Trail



Beth sydd ymlaen ym mis Mawrth